



Governor's Behavioral Health Advisory Council
Meeting Minutes
November 18, 2019
1:00 – 4:00 pm

Welcome, Agenda Review & Preliminary Matters:

- Members of the Governor's Behavioral Health Advisory Council (GBHAC) introduced themselves and heard a brief overview of the agenda and meeting packet.
- Co-chairs Steve Allen and Rachel Solotaroff welcomed the group back, briefly introduced the day's group activity, and expressed appreciation for the councilmembers' willingness to engage through the homework exercise and through individual follow up phone conversations. If the group agrees, co-chairs will continue periodic follow up phone calls with members to assess process and progress.
- Staff received several questions about public comment. The Council will solicit and receive written public comment through the council's website. The Council will also vet on-going work with existing groups (consumers groups and others). The Council will work with the Oregon Health Authority Office of Consumer Activities to ensure consumer voice is reflected in work and eventual recommendations. Staff are open to other ways of collecting input and consumer voice.

Follow Up from October Meeting:

- Co-chair Steve Allen provided members with a "What is Necessary to Succeed" document which distilled the notes and comments from members during the October 28th meeting. The document provides general themes and guiding philosophies that the Council can return to as they formulate recommendations.
- Data update: data requests made at the October meeting will be brought to the December meeting and links to specific data items will be provided on the website when applicable. Staff are working on the parameters for a larger data ask/pull with respect to the populations of interest and would like Council input into that ask. Councilmembers asked that staff contextualize the data for specific data requests and had clarifications/additional questions related to the October requests, including mapping of less intensive services.

Principles:

- Group reviewed a draft of the GBHAC equity statement and principles. Group provided feedback on both pieces:



- Equity: Members felt the equity statement as drafted was more of an inclusion statement as opposed to an equity statement. OHA has a definition of health equity and it could be a useful frame for the statement. The equity statement as drafted does not touch on funding and the need to change funding mechanisms in an equitable way. The equity statement as drafted did not reflect the need for equity based on LGBTQ/gender identity, poverty, and age. Members were torn between the balance of listing groups in the most expansive/inclusive way and being general enough that no group is left out. A couple of members suggested leading with racial equity as foundational and referred to the intersectionality that communities of color experience with other groups. For example, research shows focusing on race addresses equity issues in other population groups.
- Principles: In general, some members felt that the principles were not dramatic or transformative enough. Some members brought up the need to view the principles through the lens of the GBHAC charge/charter and to look at the principles as principles and not solutions. During the discussion some members asked about representation or consultation with the education system. Overall comments:
 - Members suggested a language change from promoting the “triple aim” to promoting the “quadruple aim” -- to include workforce satisfaction and respond to workforce issues.
 - With respect to simple: members suggested adding language with respect to increasing transparency in services, simplifying funding streams, improving coordination/integration, and providing no-wrong door person-centered planning.
 - With respect to responsive: members suggested adding language with respect to making services trauma informed, planning for the unpredictable (building adaptable and flexible programming), linguistically responsive services, and using the least restrictive settings when providing people with supports.
 - With respect to meaningful: members suggested adding language about building access to meaningful community and family connection, elevating peers, promoting a system that does no harm, and reducing stigma and re-traumatization.

Review Framework: Simple, Responsive, Meaningful:

- Co-chair Steve Allen reviewed a document that defines and walks through examples of the framework: simple, responsive and meaningful. The document gives members a shared lens at which to view the exercise later in the afternoon.



Previous Undertakings and Recommendations – Small Group Discussions

- Co-chairs Steve Allen and Rachel Solotaroff introduced the small group activity of mapping previous workgroup and report recommendations to the framework of simple, responsive, and meaningful. Co-chairs introduced the concepts of outward mindset and the process of appreciative inquiry. The goal is to increase confidence in where we are going and how we can build on the past.
- Members voiced the need to balance reflecting on/honoring the work of the past with doing transformative work. Members want to promote urgency and action in whatever comes out of this process.
- Logistics of the small group discussions were introduced.
- Small group discussions reflected in the *Small Group Discussion Themes* document.
- Small groups reported out to the larger group.

Next Steps and Summary:

- Next meeting: December 11th, 2019 from 9 am to 12 pm. Location: Clackamas Community College Wilsonville -- 29353 SW Town Center Loop E, Wilsonville, OR 97070.
- Future meetings: 2nd Mondays in the afternoon in Portland or Salem.
- Councilmembers will review new drafts of the equity statement and principles and provide input on data needs.
- Staff will provide data on locations of less intensive services for transition aged youth and general fund spending on behavioral health.