



## *Transition Support Directory*

This guide is a starting point. This is not a complete list of *all* of the programs and organizations that provide support and resources to people leaving prison. Some groups may only serve certain people. When you contact a group, always ask about other organizations that might provide the services you need. Some of the groups or programs listed have staff who are familiar with the challenges facing people with criminal records. Some of the groups provide programs for survival that exist to aid anyone in need of food or other necessities. Good luck and best wishes for your life after prison.

A quick note about computers and web sites – A great deal of information is available through the internet. If groups in this resource guide have a web site, we’ve included it so that you can quickly get more information. If you are prohibited from using computers, we’ve included phone numbers and addresses where available. If you do not have a computer, public libraries in Oregon have computers connected to the web. Librarians will help you learn to use them if you ask. If you are in the Portland area, Free Geek (<http://www.freegeek.org> (503)232-9350) is a non-profit that allows people to “adopt a computer” in exchange for 24 hours of service.

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The Prisoner Support Directory is compiled by Partnership for Safety and Justice (PSJ). If you have any questions about PSJ, information about additional groups or resources, or feedback about anything in this directory please mail it to Partnership for Safety and Justice, 825 NE 20<sup>th</sup> Ave Ste. 250, Portland, Oregon 97232.

PSJ is an advocacy organization that works to change public safety policy in Oregon only. We cannot provide legal advice, nor can we assist with legal cases.

# Multi-Service Organizations

## State-Wide

### **Department of Human Services (DHS)**

500 Summer St NE, Salem 97301

Phone: 503-945-5944 Fax: 503-378-2897

TTY: 503-945-6214

<http://www.oregon.gov/DHS>

The state agency that handles government programs like Food Stamps, TANF, jobs resources.

## Multnomah County

### **Human Solutions**

12350 SE Powell Blvd, Portland, OR 97236

Phone: 503-548-0200 Fax: 503-548-0299

<http://www.humansolutions.org>

Resources for safety net services, housing, energy assistance, family advocacy, and employment programs.

### **Impact NW**

10055 E Burnside St, Portland, OR, 97216

General Phone: 503-988-6887

Housing Programs: 503-988-6000

Energy Assistance: 503-988-6020

Youth & Family Services: 503-988-5961

Seniors & Adults with Disabilities: 503-988-6300

Email: [info@impactnw.org](mailto:info@impactnw.org)

<http://www.impactnw.org>

Housing assistance, utility assistance, food, clothing, healthcare connection and referral and much more.

Programs throughout Multnomah, Clackamas,

Washington County, OR, and Clark County, WA.

### **Union Gospel Mission**

3 NW 3<sup>rd</sup> Ave, Portland, OR 97209

Phone: 503-274-4483 Email: [info@ugmportland.org](mailto:info@ugmportland.org)

<http://www.ugmportland.org/>

Provides food, clothing, and resource referrals.

### **ACLU of Oregon**

PO Box 40585, Portland, Oregon 97240-0585

Phone: (503) 227-3186

[www.aclu-or.org](http://www.aclu-or.org)

Focus on issues of civil liberties and civil rights – not individual cases. Please do not send original documents with your request for legal assistance. They will not be returned to you. Send only copies.

### **Disability Rights Oregon**

620 SW 5<sup>th</sup> Ave, Suite 500, Portland, OR 97204

Phone: (800) 452-1694

<http://www.disabilityrightsoregon.org/>

Disability Rights Oregon assists with legal issues caused by having a disability. When prisoners contact us, we generally provide information and referral about resolution through the Department of Corrections' grievance, mental health, ADA accommodation, and abuse complaint systems. Due to limited resources, our legal staff may rarely take individual or systemic issues as cases.

## Marion County

### **Mano a Mano**

SE Salem Location:

Colonia Liberated Service Center

2921 Saddle Club St. SE, Salem, OR 97317

Phone: 503-315-2292; Fax: 971-599-5375

Ne Salem Location:

Northgate Center, 2<sup>nd</sup> Floor

3850 Portland Rd., Suite 202, Salem OR 97301

Email: [info@manoamanofc.org](mailto:info@manoamanofc.org)

<http://manoamanofc.org/about.html>

Mano a Mano serves Marion County's Latino community. Provides education, housing and food assistance, youth programs, resource information, and referrals. Se habla español.

### **Union Gospel Mission**

Mailing Address: PO Box 431, Salem, OR 97308

Phone: 503-967-6388 Email: [info@ugmsalem.org](mailto:info@ugmsalem.org)

[www.ugmsalem.org](http://www.ugmsalem.org)

Provides food, clothing, and household necessities to families in need, education, employment training, addiction recovery programs and transition programs.

## Washington County

### **Community Action of Washington County**

1001 SW Baseline St, Hillsboro, OR 97123

Phone: 503-648-6646 Fax: 503-648-4175

Email: [contact@caowash.org](mailto:contact@caowash.org)

[http://caowash.org/what\\_we\\_do/programs.html](http://caowash.org/what_we_do/programs.html)

Referrals for multiple services in Washington County including child care, rent assistance, housing and more.

## Yamhill County

### **Yamhill County Community Action Partnership**

Mailing address: PO Box 621, McMinnville, OR 97128

Location: 1317 NE Dustin Ct, McMinnville, OR 97128

Phone: 503-472-0457 or toll-free: 1-855-216-5289

Fax: 503-472-5555

<http://www.yamhillcap.org>

Multiple services including energy assistance, housing information, service referrals and more.

### **Youth Outreach**

719 E. 1<sup>st</sup> Street, Newberg, OR 97132

503-538-8023

Youth outreach services.

## Linn County

### **Albany Helping Hands Homeless Shelter**

619 9<sup>th</sup> Ave SE, Albany, OR 97321

Phone: 541- 926-4036 Email: [sjegggers@gmail.com](mailto:sjegggers@gmail.com)

<http://www.albanyhh.org/>

Albany Helping Hands is a Christian multi-service program that deals with homelessness and transition from prison. Provides temporary shelter, food, medical and mental health care, referral, and a transitional jobs program.

## Clark County, WA

### **Open House Ministries**

Mailing Address: PO Box 242, Vancouver, WA 98666

Location: 900 W 12<sup>th</sup> St, Vancouver, WA 98666

Phone: 360-737-0300 Fax: 360-737-3157

Email: see website for staff contacts

<http://www.sheltered.org>

A faith-based community organization providing shelter, intervention, employment assistance, and life changing programs to homeless families with children.

## **Transition Resources**

### State-Wide

#### **Oregon CURE**

7805 SW 40th Ave. PO Box 80193, Portland, OR 97280

(503) 977-9979

[www.oregoncure.org](http://www.oregoncure.org)

Newsletter available, transition info, brochures: *Advocating for the Incarcerated, Keeping Love Alive, Freer but not Free, and more*. Orientation for families and friends of newly incarcerated people, support groups and release orientations for families with a loved one 6-12 months from release.

#### **Bridges to Change, Inc.**

207 7th Ave, Oregon City, OR 97045

Phone: 503-465-2749 Fax: 503-465-2748

<http://www.bridgestochange.com>

Multiservice reentry program includes housing, employment assistance, and mentorship, with locations throughout Marion, Clackamas, Multnomah, and Washington County.

## Multnomah County

### **Transition Projects**

Mailing Address: 665 NW Hoyt St, Portland, OR 97209

Location: 650 NW Irving St, Portland, OR, 97209

Phone for services/info: 503-280-4700

<http://www.tprojects.org/>

Services include bus tickets for employment, referral to transitional programs, food, showers, clothing room, crisis intervention, housing assistance, Veteran's representative, eviction prevention, Oregon ID assistance, residential programs, and health services.

### **Reentry Transition Center (RTC)**

(Project of Mercy Corps NW)

1818 NE Martin Luther King Blvd, Ste C, Portland, OR 97212

Phone: 971-255-0547 Fax: 971-255-0569

Email: [RTC@mercycorporsnw.org](mailto:RTC@mercycorporsnw.org)

<http://www.mercycorporsnw.org/what-we-do/transition-center/>

RTC is a one stop connection to reentry resources for people in Multnomah County. On-site access to phones, email, internet and connections and referrals to mentoring, educational, vocational, drug & alcohol programs and more.

### **Transition Services Unit (TSU)**

(Multnomah County Department of Community Justice)

421 SW 5th Ave, Portland, OR 97204

Phone: 503-988-3081 Fax: 503-988-4898

<https://multco.us/dcj-adult/tsu>

Links recently released offenders to services (i.e. pre-release planning, case coordination, housing, transportation, medical and benefits assistance). The program prioritizes working with clients with special needs including medical, behavioral health, and cognitive impairments.

### **The Change Center**

(Multnomah County Department of Community Justice)

421 SW 5th Ave, Ste 400, Portland, OR 97204

Phone: 503-988-3466 Referral Line: 503-988-8534

Email: [Londer.ged@multco.us](mailto:Londer.ged@multco.us)

<http://web.multco.us/lc>

Job search help, cognitive change programs, education programs, computer classes group facilitations.

### **African American Program**

(Multnomah County Department of Community Justice)

1415 SE 122nd Ave, Portland, OR 97233

PH: 503-988-3190

<https://multco.us/dcj-adult/specialized-programs/african-american-program>

Write for info & eligibility. The program starts in prison and offers classes and group sessions that prepare participants for reentry. Subjects include job skills training, African-American history, anger and stress management, and more.

### **Red Lodge Transition Services**

Mailing Address: PO Box 55157, Portland, OR 97238

Phone: 503-245-4175 Email: [redlodge@gmail.com](mailto:redlodge@gmail.com)

<http://www.redlodgetransition.org>

Provides transition services for Native American women and men, including mentoring, emergency transportation, and parenting skills.

### **Community Partners Reinvestment Project (CPR)**

(Program of Volunteers of America)

3910 SE Stark St, Portland, OR 97214

Phone: 503-595-3477 ext. 4 Email: [boseth@voaor.org](mailto:boseth@voaor.org)

<http://www.voaor.org/Learn-About-our-Services/Treatment-Programs/Re-Entry-Services-2/Community-Partners-Reinvestment>

Multi-service re-entry program for young male offenders ages 18–25. Services include counseling, addiction treatment, and job services.

### **Constructing Hope Pre-Apprenticeship Program**

405 NE Church St, Portland, OR 97211

Phone: 503-281-1234 Fax: 503-719-7685

<http://www.constructinghope.org>

Training program for people interested in a career in the construction industry. Call for information about classes, tuition, and programs.

### **Highland Access, Re-entry and Recovery Program (HARRP)**

7600 NE Glisan St, Portland, OR 97213

Phone: 503-287-9567 ext. 221 Fax: 503-493-3018

<http://www.harrp.org>

Provides mentors to men and women coming out of prison.

## **SE Works**

7916 SE Foster Rd, Ste 104, Portland, OR 97206  
Phone: 503-772-2300 Email: [Reentry@SEWorks.org](mailto:Reentry@SEWorks.org)  
<http://seworks.org/ex-offenders/>

Located inside the One-Stop American Jobs Center, Worksource Portland Metro-SE (WSPM-SE), our pre- and post-release reentry programs are designed to assist individuals with backgrounds to integrate back into the community by providing necessary tools, support, and resources for success, including workplace skill development and job search support.

## **Center for Family Success**

(Project of Pathfinders of Oregon)  
Main Office: 17805 SE Stark St, Portland, Oregon 97233  
Phone: 503-286-0600  
Email: [info@pathfindersoforegon.org](mailto:info@pathfindersoforegon.org)  
<http://www.pathfindersoforegon.com/programs/center-for-family-success/>

Resources for families with a parent in or just out of the criminal justice system such as GED, parenting, clothes closet, food, mentoring, computer lab, and employment services.

## **Phoenix Rising Transitions**

PO Box 723, Gresham, OR 97030  
Phone: 503-866-1554  
Email: [HarryRobertOlsen@frontier.com](mailto:HarryRobertOlsen@frontier.com)  
[www.phoenix-rising-transitions.org](http://www.phoenix-rising-transitions.org)

We are former prisoners, prisoners and community members working toward the transformation and success of people as they rejoin the community after prison. We do this both before and after release through leadership training, life skills classes, mentoring, community organizing efforts and a men's transition house in Gresham. Our goal is to transform lives and transform the community to reduce the likelihood that people will commit new crimes and return to prison.

## **Marion County**

### **Marion County Reentry Initiative**

De Muniz Resource Center  
3950 Aumsville Hwy., Salem, OR 97317  
Phone: 503- 990-7370 Mon-Fri 8:30 to 5, walk-ins welcome.  
<http://marioncountyreentry.com/>  
Coordinates a range of reentry services including housing, jobs, transportation, family, and mentoring.

### **Men's Mission and Learning Center**

(Project of the Union Gospel Mission)  
345 Commercial St NE Salem, OR 97301  
Phone: 503-362-3983  
Offers meals, beds, clothing, recovery programs, GED programs and a transitions program for men whose greatest need is employment and housing.

### **Simonka Place (Women & Children's Shelter)**

(Project of the Union Gospel Mission)  
5119 River Rd N, Keizer, OR 97303  
Phone: 503-362-7487  
Offers meals, beds, clothing, recovery programs, GED programs, and a transition program for women in need of employment and housing.

## **Lane County**

### **Sponsors Inc. Reentry Resource Center**

338 Hwy 99 N, Eugene, OR 97402  
Phone: 541-485-8341  
<http://www.sponsorsinc.org/programs/sea/>  
One stop resource center providing assistance with job search and community resources. Serves men and women who have a criminal history in Lane County.

### **Sponsors Inc. Men's Transition Program**

338 Hwy 99 N, Eugene, OR 97402  
Phone: 541- 485-8341  
<http://www.sponsorsinc.org/programs/mens-transition/>  
Transitional housing and case management services for men who are currently on parole and/or probation in Lane County.

### **Sponsors Inc. Women's Transition Program**

338 Hwy 99 N, Eugene, OR 97402

Phone: 541-485-6738 Email: kstory@sponsorsinc.org

<http://www.sponsorsinc.org/programs/womens-transition/>

Transitional housing and case management services for women. Priority is given to those being released from prison. Women from Lane County Jail and women who are currently on parole and/or probation in Lane County may also apply.

## Josephine County

### **Welcome Home Oregon Inc.**

Mailing Address: 106 NE F St, Ste 65, Grants Pass, OR 97526

Phone: 541-474-5178

<http://www.co.josephine.or.us/Page.asp?NavID=1377>

Transition assistance for Josephine County.

## Washington County

### **Washington County Re-Entry Council**

Mailing Address: PO Box 463, Hillsboro, OR 97123

Email: wcrcone@gmail.com

<http://oregonreentry.wikidot.com/washington:washington-co-reentry-council>

A community-based coalition that seeks to improve the reentry process through resource identification and development, a centralized information system, employer recruitment, and community education. The website lists transitional resources. Also, provides a monthly eNewsletter that can be requested using the email address above.

## **Job Resources**

### State-Wide

#### **State of Oregon Employment Department**

875 Union St NE, Salem, OR 97311

Phone: 503-947-1394 or toll-free: 800-237-3710

Fax: 503-947-1472 TTY: 711

<http://www.oregon.gov/EMPLOY/pages/index.aspx>

State department that administers unemployment benefits, distributes information on the workforce and economy and connects job seekers with businesses. The website provides information, job searches, and links to other resources.

### **WorkSource Oregon**

<http://www.worksourceoregon.org>

Offers multiple job search resources, including free internet access, as well as resume and application assistance, workshops, referrals, and hiring events. WorkSource centers are located across the state. See website for all locations.

### **Goodwill Job Connection Program**

Statewide number: 1-877-676-5872 (call to speak with your local Employment Specialist)

<http://goodwilljobconnection.org> Free job search and referral program that includes access to sponsored job fairs, hiring events and career training.

## Multnomah County

### **East County One Stop**

Email: jpasco@eastcountyonestop.org

<http://www.eastcountyonestop.org>

Workforce development system of East Multnomah County supported by an alliance of over 40 partner agencies.

### **Better People**

P.O. Box 19435

Portland, OR 97280 (administrative office)

Phone: (503) 699-9022

[www.betterpeople.org](http://www.betterpeople.org)

Employment and counseling services for individuals with legal histories. Job referrals only to employers paying at least \$12.00 per hour with benefits. Multnomah, Clackamas, and Washington Counties, and Clark County in Washington.

### **WorkSource Oregon-Portland Metro Central**

30 N Webster St, Ste E, Portland OR 97217

Phone: 503-280-6046 Fax: 503-280-6015

<http://www.worksourceoregon.org/home/worksourcecenters/240-portland-central>

Job search resources.

### **Workforce Network Metro One Stop**

Portland Metropolitan Workforce Training Center

5600 NE 42nd Ave, Portland, OR, 97218

Phone: 503-943-2000 Fax: 503-281-4216

<http://wfn.pcc.edu/>

Resources for job seekers, computer lab, classes on resume writing, job-related library.

**Work Systems Inc.**

1618 SW 1<sup>st</sup> Ave., Suite 450

Portland, OR 97201

Phone: 503-478-7300 Fax: 503-478-7301

Email about Adult Workforce Services:

ssiebold@worksystems.org

<http://www.worksystems.org>

Worksystems convenes partners, designs programs, coordinates services, and invests funds to help job seekers acquire the skills they need to support themselves and to meet the staffing needs of regional industry. The region's public workforce development system - WorkSource Portland Metro (WSPM) - serves as our primary investment vehicle and we provide oversight to ensure the highest quality services.

**Margaret Carter Skill Center**

Portland Community College

Technology Education Building Rm 124

705 N Killingsworth S, Cascade Campus, Portland, OR 97217

Phone: 971-722-5450 Fax: 971- 722-5306

<http://www.pcc.edu/career/skill-center/>

Employment-oriented programs like applied math, computer skills, pre-apprenticeship programs, keyboarding, etc. Program participants are not required to pay tuition, but some fees apply.

**Central City Concern Employment Access Center**

2 NW 2nd Ave, Portland, OR 97209

Phone: 503-226-7387 Fax: 503-226-7921

Email: Freda.ceaser@ccconcern.org

<http://www.centralcityconcern.org/services/employment/employment-access-center/>

Multiple resources for job seekers, from tools like computers, telephone, fax services, to employment programs. Clients must have a referral from a Central City Concern provider and must attend an orientation. Call for more information.

**SE Works One Stop Career Center**

7916 SE Foster Rd, Ste 104, Portland, OR 97206

Phone: 503-772-2300

<http://www.seworks.org>

Offers a variety of services including skill training, workshops, and job search tools.

**Goodwill Career Center**

1943 SE 6<sup>th</sup> Ave, Portland, OR 97214

Phone: 503-238-6100

<http://meetgoodwill.org/blog/free-career-training-and-development>

Provides job training, GED classes, referral to Job Connection Program, and other career development support services.

**Human Solutions**

124 NE 181st, Gresham, OR 97230

Phone: 503-405-7875 Fax: 503-405-7934

<http://www.humansolutions.org>

Offers a non-traditional employment program for homeless or very low-income people, and an employment program tailored toward people currently receiving welfare.

## Washington County

**Workforce Alliance**

PCC Willow Creek Center

241 SW Edgeway Dr, Beaverton, OR 97006

Phone: 971-722-2713 Email: capjobs@pcc.edu

[www.workforceallianceonline.org](http://www.workforceallianceonline.org)

Provides training and occupational skill development.

**Better People**

P.O. Box 19435

Portland, OR 97280 (administrative office)

Phone: (503) 699-9022

[www.betterpeople.org](http://www.betterpeople.org)

Employment and counseling services for individuals with legal histories. Job referrals only to employers paying at least \$12.00 per hour with benefits. Multnomah, Clackamas, and Washington Counties, and Clark County in Washington.

## Clackamas County

**Community Solutions for Clackamas County**

112 11th St, Oregon City, OR 97045

Phone: 503-655-8840

<http://www.clackamas.us/communitysolutions/>

Employment and training resource for people on parole or probation, veterans, and low-income families.

### **Better People**

P.O. Box 19435

Portland, OR 97280 (administrative office)

Phone: (503) 699-9022

[www.betterpeople.org](http://www.betterpeople.org)

Employment and counseling services for individuals with legal histories. Job referrals only to employers paying at least \$12.00 per hour with benefits.

Multnomah, Clackamas, and Washington Counties, and Clark County in Washington.

## Marion County

### **WorkSource Oregon Salem**

605 Cottage St NE, Salem, OR 97301

Phone: 503-378-4846 Fax: 503-378-6480

<http://www.worksourceoregon.org/home/worksourcecenters/248-salem>

Job search resources.

### **WorkSource Oregon Woodburn Center**

120 E Lincoln St, Ste 115B, Woodburn, OR 97071

Phone: 503-982-2817 Fax: 503-982-1839

<http://www.worksourceoregon.org/home/worksourcecenters/254-woodburn>

Job search resources.

### **Valley Employment and Career Services (VECS)**

(Project of the Union Gospel Mission)

Mailing Address: PO Box 431, Salem, OR 97308

Phone: 503-967-6388 Email: [mjones@ugmsalem.org](mailto:mjones@ugmsalem.org)

<http://www.ugmsalem.org/our-ministries/education-employment-training/>

Program to help men and women return to the workforce. Provides classes, resume and interview preparation, job search help.

### **Goodwill Career Center**

3535 Lancaster Dr, Salem OR 97305

Phone: 503-798-9102 or 503-798-9088

<http://meetgoodwill.org/blog/free-career-training-and-development>

Provides job training, GED classes, referral to Job Connection Program, and other career development support services.

### **Deer Field Nursery**

Research Farm

10854 South View Loop S.E., Jefferson, OR 97352

Phone: 503-302-6917 Email: [so@deerfieldnursery.com](mailto:so@deerfieldnursery.com)

A non-profit vocational training facility that promotes healing for young people through work done in organic gardens. Offers hands-on courses for learning how to work in gardens and greenhouses.

## Polk County

### **WorkSource Oregon Polk Center**

580 Main St, Ste B, Dallas, OR 97338

Phone: 503-831-1950 Fax: 503-831-1952

<http://www.worksourceoregon.org/home/worksourcecenters/218-dallas>

Job search resources.

## Lane County

### **WorkSource Oregon Lane Center**

2510 Oakmont Way, Eugene, OR 97401

Phone: 541-686-7601 Fax: 541-686-7954

<http://www.worksourceoregon.org/home/worksourcecenters/220-eugene>

Job search resources.

## Yamhill County

### **WorkSource Oregon Yamhill Center**

370 NE Norton Ln, McMinnville, OR 97128

Phone: 503-472-5118 Fax: 503-434-5408

<http://www.worksourceoregon.org/home/worksourcecenters/233-mcminnville>

Job search resources.



## Clark County, WA

### **Goodwill Career Center**

6425 NE 4<sup>th</sup> Plain, Vancouver, WA 98661

Phone: 360-695-4669

<http://meetgoodwill.org/blog/free-career-training-and-development>

Provides job training, GED classes, referral to Job Connection Program, and other career development support services.

### **Better People**

P.O. Box 19435

Portland, OR 97280 (administrative office)

Phone: (503) 699-9022

[www.betterpeople.org](http://www.betterpeople.org)

Employment and counseling services for individuals with legal histories. Job referrals only to employers paying at least \$12.00 per hour with benefits.

Multnomah, Clackamas, and Washington Counties, and Clark County in Washington.

## **Housing Resources**

### State-Wide

#### **Oxford Houses of Oregon**

Mailing Address: PO Box 66699, Portland, OR 97290-6699

#### **Outreach Workers Phones:**

Ed Smith: 503-287-0862

Sean Bosen: 503-313-8365

Deb Greenhalgh: 971-263-5014

Gene McVae: 541-733-2783

<http://or.oxfordhouse.us/>

Oxford Houses are democratically run, self-supporting, addiction recovery homes for men and women, including those with children. Locations across Oregon.

## Multnomah County

### **NW Pilot Project**

1430 SW Broadway, Ste 200, Portland, OR 97201

Phone: 503-227-5605 Fax: 503-274-8559

Information and Referral Specialist Email:

[jasonc@nwpilotproject.org](mailto:jasonc@nwpilotproject.org)

<http://www.nwpilotproject.org/>

Provides housing services for seniors ages 55 and older who are homeless or at risk of becoming homeless.

### **Independent Living Resources**

1839 NE Couch St, Portland, OR 97232

Phone: 503-232-7411 Fax: 503-232-7480

Email: [info@ilr.org](mailto:info@ilr.org)

<http://www.ilr.org/>

Non-profit assisting people with all disabilities. Provides houses, advocacy services, peer counseling, support groups, classes, etc.

### **Central City Concern Housing and Resident Services**

523 NW Everett, Portland, OR 97209

Phones: 503-525-8483 Fax: 503-228-1696

<http://www.centralcityconcern.org/services/housing/>

Several housing programs including clean and sober housing, transitional housing, and subsidized housing.

## Washington County

### **House of Hope**

3056 NW 160<sup>th</sup> Ct., Beaverton, OR 97006

Phone: 503-475-2868 [ptbarcroft@comcast.net](mailto:ptbarcroft@comcast.net)

A faith-based, non-profit, housing program for women who are seeking clean and sober housing.

## Clark County, WA

### **Housing Connections**

Phone: 211 (If you are having difficulty dialing 211, try 503-222-5555 in Oregon or 1-877-211-WASH (9274) in Washington)

Email: [HousingConnections@211info.org](mailto:HousingConnections@211info.org)

<http://www.housingconnections.org/>

A website designed to help people locate affordable housing in the Portland/Vancouver Metro area.

# Healthcare & Dental Services

## Multnomah County

### State-Wide

#### **Oregon Department of Human Services**

500 Summer St NE, Salem, OR 97301

Phone: 503-945-5944 Fax: 503-378-2897

TTY: 503-945-6214

<http://www.oregon.gov/DHS/spwpd/pages/index.aspx>

State department that oversees services and programs for seniors and people with physical disabilities.

#### **Oregon Health Plan**

(Health Systems Division)

500 Summer St NE, Salem, OR 97301

Phone: 503-945-5772 or 800-527-5772

TTY: 711

[http://www.oregon.gov/oha/healthplan/Pages/contact\\_us.aspx](http://www.oregon.gov/oha/healthplan/Pages/contact_us.aspx)

Oregon's version of Medicaid. Provides health care coverage to low-income Oregonians.

#### **Cover Oregon**

Phone: 1-855-268-3767

<https://www.coveroregon.com/>

Online health insurance marketplace where Oregonians can comparison shop for health insurance and see if they qualify for financial assistance to help pay for private insurance.

#### **Oregon Prescription Drug Program**

Barbara Roberts Human Services Building

500 Summer St NE, E-55, Salem, OR 97301

Phone: 503-945-7834 or 888-411-6737

Fax: 503-378-6842

<http://www.oregon.gov/OHA/pharmacy/OPDP/Pages/index.aspx>

A state program that helps uninsured or underinsured people save money on prescription medication.

#### **Oregon AIDS/STD Hotline**

(A project of Cascade AIDS Project)

Phone: 800-777-2437 En español: 499-6940

<http://www.oregonaidshotline.com/sub.php>

On-line database of resources for Oregonians living with or affected by HIV/AIDS. A downloadable Portland Metro Area resource guide is also available in both English and Spanish.

#### **Multnomah County Health Department**

426 SW Stark St, 8<sup>th</sup> floor, Portland, OR 97204

General Info: 503-988-3674

Health Info and Referral: 503-988-3816

<http://www.co.multnomah.or.us/health/>

Provides many different health services in sites around the Multnomah County area.

#### **Coalition of Community Health Clinics**

619 SW 11<sup>th</sup> Ave, Portland, OR, 97205

Phone: 503-546-4991

<http://www.coalitionclinics.org/>

A group of community and federal clinics that provide medical care for individuals, especially those who are low-income or who are without health insurance, in the Portland-Metro area. Services include health, dental, mental health, and vision services, alternative medicine, and insurance information.

#### **Outside In**

1132 SW 13th Ave, Portland, OR 97205

Phone: 503-535-3800 Fax: 503-223-6837

Medical Clinic: 503-535-3800

Email: [info@outsidein.org](mailto:info@outsidein.org)

<http://www.outsidein.org>

Outside In offers services to youth and low-income individuals, including LGBTQ individuals, as they work towards self-sufficiency. Medical and mental health services are provided. Walk-in services and appointments.

#### **Old Town Clinic**

(Project of Central City Concern)

727 W Burnside St, Portland, OR 97209

Phone: 503- 228-4533

Administrative Email: [ccadmin@cccconcern.org](mailto:ccadmin@cccconcern.org)

<http://www.centralcityconcern.org/services/health-recovery/old-town-clinic/>

Basic medical care, naturopathic care, referrals to drug and alcohol programs, and more. Sliding scale fees.

**African American Health Coalition, Inc.**

2800 N Vancouver Ave, Ste 100, Portland, OR 97227

Phone: 503-413-1850 Fax: 503-413-1851

E-mail: [info@aahc-portland.org](mailto:info@aahc-portland.org)

<http://www.aahc-portland.org>

Offers health education and health care support groups for African Americans.

**National College of Natural Medicine Community Clinics**

Phone: 503-552-1515 (for appointments)

En Español: 503-552-1502

<http://ncnm-clinic.com/community-clinics/>

NCNM offers 9 community clinics around the Portland Metro area focused on naturopathic and Chinese medicine. Services are free or low cost. Free interpretations services are available as well.

**Quest Center for Integrative Health**

2901 E Burnside St, Portland, OR 97214

Phone: 503-238-5203 Fax: 503-238-5202

Email: [info@quest-center.org](mailto:info@quest-center.org)

<http://www.quest-center.org/>

Provides medical and support services, community, and health education to low-income, at-risk people seeking a wellness-focused approach to living and dying. Services include addiction treatment, mental health, HIV/AIDS, and medical services including primary care, osteopathic, naturopathic, and Chinese medicine.

**Oregon Health Sciences University School of Dentistry Predoctoral Student Clinic**

2730 SW Moody Ave, Portland, OR 97239

General info and admitting: 503-494-8867

<http://www.ohsu.edu/xd/education/schools/school-of-dentistry/patient-care/index.cfm>

Offers general dentistry services at a discount at their student clinic. Students are supervised by practicing dentists.

**Russell Street Dental Clinic**

(Project of OHSU)

214 N Russell St, Portland, OR 97277

Phone: 503-494-8867

<https://www.ohsu.edu/xd/health/services/dental-clinics/>

Provides comprehensive general dentistry for children and adults, as well as emergency care. Sliding scale fee based on income and procedure.

## Lane County

**White Bird Clinic**

341 E 12th Ave, Eugene, OR 97401

Phone: 541-342-8255 or 800-422-7558

Email: see website for contact form

[www.whitebirdclinic.org](http://www.whitebirdclinic.org)

Provides multiple services including medical treatment, counseling, dental care, crisis intervention, and homeless case management. Prioritizes clients who are underserved, underinsured, disabled and/or homeless.

## Marion County

**Marion County Health Department**

3180 Center St NE, Salem, OR 97301

General info: 503-588-5357 Fax: 503-364-6552

Email: [health@co.marion.or.us](mailto:health@co.marion.or.us)

<http://www.co.marion.or.us/HLT/directory.htm>

Mental health, women's and children's health, general health, HIV program, and addiction services. Offices in Silverton, Stayton, and Woodburn.

**Psychiatric Crisis Center**

1118 Oak St SE, Salem, OR 97303

Phone: 503-585-4949 Fax: 503-585-4965

<http://www.co.marion.or.us/HLT/MH/pcc/>

Serves those who are in a mental health crisis, need immediate intervention and have no other resources to turn to. Will provide assessment and counseling.

**Union Gospel Mission Dental Clinic**

5119 River Rd N, Keizer, OR 97303

Phone: 503-362-7487

Free, professional dental care for those staying at the mission. Emergency procedures, restorative oral surgery, and hygiene care.

# Mental Health, Addiction & Gambling Recovery Resources

## State-Wide

### **Alcohol & Drug Helpline**

1-800-923-HELP

Call for free and confidential alcohol and drug counseling as well as treatment referral.

### **David Romprey Oregon Warm Line**

Toll-Free: 1-800-698-2392

<http://communitycounselingsolutions.org/warmline.php>

NOT a resource line. Call to have a confidential conversation with a trained Peer who will listen without judgment or criticism.

### **Eyes and Ears – A Mental Health**

#### **Consumer/Survivor Newsletter**

(Provided by the Mental Health Association of Portland)

Mailing Address: 2415 SE 43<sup>rd</sup> Ave, Portland, OR 97206

<http://www.mentalhealthportland.org/>

A publication that lists mental health and other resources.

### **CRC Health Group**

Toll-free Phone: 877- 637-6237

<http://www.crchealth.com/>

Provides treatment and educational programs for adults and youth struggling with behavioral issues, including chemical dependency, eating disorders, obesity, pain management, or learning disabilities. Locations throughout the country.

### **CODA**

Phone: 503-239-8400

Email: see website for contact form

<http://www.codainc.org/>

Behavior healthcare agency working to reduce alcohol and drug problems and related social, health, and behavioral consequences. Provides residential programs serving adults with mental illness. Locations in Washington, Multnomah, and Clackamas counties.

### **EASA (Early Assessment and Support Alliance)**

Contact for more info:

Jean Lasater, MA, CDT I&II

Addictions and Mental Health Division, Oregon Health Authority

500 Summer St NE, E86 Salem, OR 97301

Phone: 503-947-5538 Email: [jean.c.lasater@state.or.us](mailto:jean.c.lasater@state.or.us)

<http://www.easacommunity.org/>

A program designed to help young people who are experiencing psychosis. Locations in most Oregon counties. See website for contact details of county programs.

### **Lifeworks NW**

Appointment Line: 503-645-9010 or toll-free: 888-645-1666

Email: [intake@lifeworksnw.org](mailto:intake@lifeworksnw.org)

<http://www.lifeworksnw.org/>

Culturally responsive mental health and addiction treatment services. Locations in Multnomah, Washington, & Clackamas counties.

### **NAMI Oregon**

(National Alliance on Mental Illness)

Information Helpline: 503-230-8009 & 1-800-343-6264

Email: [namioregon@namior.org](mailto:namioregon@namior.org)

<http://www.namior.org>

NAMI Oregon is a statewide grassroots organization that is dedicated to improving the quality of life for individuals living with mental illness, as well as their families and loved ones through education, support, and advocacy at the state and county levels. See website for support groups located across Oregon.

## **Cascadia Behavioral Healthcare**

Mailing Address: PO Box 8459, Portland, OR 97207

Urgent Walk-In Clinic:

2412 SE Division, Ste 100, Portland, OR 97206

Info and Referral: 503-674-7777 Fax: 503-963-7711

Email: [info@cascadiabhc.org](mailto:info@cascadiabhc.org)

<http://www.cascadiabhc.org/>

### **Mental Health Crisis Lines:**

Multnomah County: 503-988-4888

Washington County: 503-291-9111

Marion County: 503-585-4949

Clackamas County: 503-655-8585

Provides mental health case management and counseling services, medication prescribing, addictions treatment, and crisis response. Also provides transitional and permanent housing for people with psychiatric disabilities.

## **Change Point**

Beaverton Location:

1700 NW 167<sup>th</sup> Place, Ste 240, Beaverton, OR 97006

Phone: 503-350-2758

Vancouver Location:

10621 Coxley Dr, Ste 106, Vancouver, WA 98662

Phone: 360-604-0068

[www.changepointinc.com/](http://www.changepointinc.com/)

Addictions treatment and special programs including violence intervention, tobacco cessation, teen program, and intensive outpatient program. Programs for youth and adults in multiple languages.

## **Oregon Problem Gambling Helpline**

1-877-MY-LIMIT

<https://www.opgr.org/how-can-i-get-help/>

Helpline available to educate, answer questions, and refer people to free confidential treatment services. The website features live chat, IM chat, and email with a counselor. Programs include GEAR (Gambling Evaluation and Reduction Program); also lists Oregon gambling addiction services and Gamblers Anonymous meetings. Also, if folks want to get involved in gamblers anonymous, it's a separate helpline 1-855-222-5542 [gambleranonymous.org](http://gambleranonymous.org)

## Multnomah County

### **Adelante - Latino Treatment Program**

(A Program of Volunteers of America)

10564 SE Washington St, Portland, OR 97216

Problem Gambling Services: 503-501-9939

Alcohol & Drug Treatment Services: 503-501-9939

<http://www.voaor.org/adelante>

A Latino-specific, culturally-responsive program that offers treatment services for substance abuse, gambling, and mental health.

### **De Paul Treatment Centers**

Mailing Address: PO Box 3007, Portland, OR 97208

Phone: 503-535-1151 Fax: 503-535-1190

Email: [info@depaultreatmentcenters.org](mailto:info@depaultreatmentcenters.org)

<http://www.depaultreatmentcenters.org>

Offers adult and youth services such as detox, residential, outpatient, and DUII services as well as family therapy programs. Locations in Portland and Hillsboro.

### **Acadia NW**

10101 Barbur Blvd, Ste 101, Portland, OR 97219

Local Phone: 503- 245-6262 or toll-free: 1-877-6ACADIA

Email: [info@acadianw.com](mailto:info@acadianw.com)

<http://www.acadianw.com/>

Services and treatment for those suffering from alcohol and drug dependency.

### **Fair Start Detox**

11790 SW Barnes Rd, Bldg A, Ste 160,  
Portland, OR 97225

Phone: 503-924-1000 Fax: 503-643-7300

Email: [info@fairstartonline.com](mailto:info@fairstartonline.com)

<http://www.fairstartonline.com>

Monitored confidential detox for individuals who want to be opiate-free.

### **Portland Alcoholics Anonymous**

825 NE 20<sup>th</sup> Ave, Ste 200, Portland, OR 97232

Hotline: 503-223-8569 (call for fax and email)

<http://www.pdxaa.com/>

Find a meeting in your city:

<http://www.pdxaa.com/meetings.aspx>

### **Narcotics Anonymous**

Mailing Address: PO Box 42453, Portland, OR 97242

Portland Phone: 503-345-9839

Email: [info@portlandna.com](mailto:info@portlandna.com)

[www.portlandna.com](http://www.portlandna.com)

Visit website for most current schedule information.

Find a meeting in your city:

<http://portaltools.na.org/portaltools/MeetingLoc/>

### **Central City Concern Recovery Center**

726 W Burnside Ave, Portland, OR 97209

Phone: 503-944-4410

<http://www.centralcityconcern.org/services/health-recovery/ccr-recovery-center/>

Provides an integrated approach to treatment services. Offers medical and mental health care, education, peer mentoring, and supportive housing.

### **David P. Hooper Detoxification Center**

(Project of Central City Concern)

1535 N Williams Ave, Portland, OR 97227

Phone: 503-238-2067

<http://www.centralcityconcern.org/services/health-recovery/hooper-detoxification-center/>

Provides medical detoxification and stabilization. To access services, patients are urged to arrive at 6:45 a.m. (Monday-Friday) for triage, which begins at 7:50 a.m.

### **Native American Rehabilitation Association**

NARA Residential Treatment Center

17645 NW St. Helens Hwy, Portland, OR 97231

Phone: 503-621-1069 Fax: 503-621-0200

<http://www.naranorthwest.org/>

Education, physical and mental health services, and substance abuse treatment that is culturally appropriate to American Indians, Alaska Natives, and other vulnerable populations.

### **Portland Metro Treatment Center**

16420 SE Division St, Portland, OR 97236

Phone: 503-762-3130 Fax: 503-762-3199

Email: [portlandmetro@cmglp.com](mailto:portlandmetro@cmglp.com)

<http://www.methadonetreatment.com/ClinicLocations.aspx?stateID=12&locationID=44>

Methadone treatment for overcoming opiate dependence.

### **Puentes**

1949 SE 122<sup>nd</sup> Ave, Portland, OR 97233

Phone: 503-546-9975

<http://www.centralcityconcern.org/services/health-recovery/puentes/>

Provides Spanish-speaking Latino individuals and families accessible, culturally competent services relating to mental health and substance use. Affiliated program Esperanza Juvenil provides services to Latino youth dealing with addiction or gang involvement.

### **The Miracles Club**

4200 NE Martin Luther King Jr. Blvd, Portland, OR 97212

Phone: 503-249-8559

The Miracles Club provides an alcohol and drug-free environment for those in recovery, with culturally competent support to African American individuals that recognizes historic, economic and social factors affecting the recovery process.

### **CATC (Multnomah Crisis Assessment and Treatment Center)**

55 NE Grand Ave, Portland, OR 97232

Phone: 503-232-1099 Fax: 503-232-3854

Crisis/Referral Line: 503-988-4888

<https://multco.us/mhas/multnomah-county-crisis-assessment-and-treatment-center-catc>

Secure short-term crisis program for individuals living in Multnomah County who are struggling with a mental health crisis. Program services include psychiatrist and nurse services and personalized treatment services.

### **Multnomah County Mental Health**

(Department of County Human Services)

421 SW Oak St, Ste 520, Portland, OR 97204

Phone: 503-988-5464 Fax: 503-988-5870

24/7 Mental Health Call Center: 503-988-4888 (translation services available)

<https://multco.us/mhas>

Provides mental health and addiction services to adults, children, and families through a care system that includes outpatient, inpatient, residential treatment, and transitional housing.

### **Northstar**

5600 NE Glisan St, Portland, OR 97213  
Phone: 971-271-7273 Fax: 971-271-7287  
Email: [info@northstaror.org](mailto:info@northstaror.org)  
<http://www.northstarportland.org>

Mental health recovery program for adults with mental illness living in the Portland Metro Area. Supports members through employment and education services, and social skill building.

### **Dual Diagnosis Anonymous of Oregon Mental Illness and Substance Abuse**

Location: 521 SW 11<sup>th</sup> Ave, 2<sup>nd</sup> Floor, Portland, OR 97205  
Mailing Address: PO Box 2883 Portland, OR 97208  
Phone: 503-222-6484 or toll-free: 877-222-1332  
Email: see website for contact form  
<http://www.ddaoforegon.com>  
DDA is a program based on the 12 steps of Alcoholics Anonymous with an additional 5 steps that focus on Dual Diagnosis (mental illness and substance abuse). Go to DDA's website for a listing of meetings taking place across Oregon. Meetings are subject to change without notice. Please phone ahead to be sure location and times are correct.

### **Fairhaven Recovery Homes**

13750 SW. Beef Bend Rd., Tigard, OR 97224  
Phone: 503-995-9023 Fax: 503-747-0673  
Email: see website for contact form  
<http://www.fairhavenrecovery.com/>  
Offers recovery homes, rehab resources, relapse prevention, help with social re-entry, and services specified for women and children.

### **Union Gospel Mission LifeChange Center**

3 NW 3<sup>rd</sup> Ave, Portland, OR 97209  
For men: 503-274-4483 For women: 503-802-2271  
Email: [info@ugmportland.org](mailto:info@ugmportland.org)  
<http://www.ugmportland.org/life-change/>  
A Christian addiction recovery community. Separate programs and applications for men and women.

### **Union Gospel Mission LifeChange for Women & Their Children**

3 NW 3<sup>rd</sup> Ave, Portland, OR 97209  
Phone: 503-274-4483 Email: [info@ugmportland.org](mailto:info@ugmportland.org)  
<http://www.ugmportland.org/lifechange-for-women-children/>

Provides transitional housing, meals, counseling services, childcare, and more for women and their children.

## Clackamas County

### **Integrated Health Clinics**

Milwaukie Location:  
17882 SE McLoughlin Blvd, Milwaukie, OR 97267  
Phone: 503-353-9415 Fax: 503-353-9409  
Eugene Location:  
715 Lincoln St, Eugene, OR 97401  
Phone: 541-344-3574 Fax: 541-344-5652  
Email: [intehlth@aol.com](mailto:intehlth@aol.com)  
<http://www.integratedclinics.com/>  
Outpatient alcohol and drug treatment.

## Washington County

### **Homeward Bound**

Mailing Address: PO Box 1113, Hillsboro, OR 97113  
Phone: 503-640-0818 Fax: 503-615-8433  
Email: see website for contact form  
<http://www.homeward-bound.org/>  
Residential rehabilitation services including cognitive retraining, independent living skills, medication management, community safety, social skills, behavior management, etc.

## Marion County Services

### **Psychiatric Crisis Center**

1118 Oak St SE, Salem, OR 97303  
Phone: 503-585-4949 Fax: 503-585-4965  
<http://www.co.marion.or.us/HLT/MH/pcc/>  
Serves those who are in a mental health crisis, need immediate intervention and have no other resources to turn to. Will provide assessment and counseling.

## Lane County

### **Serenity Lane**

Headquarters:

616 E 16<sup>th</sup> Ave, Eugene, OR 97401

Phone: 541-687-1110 or toll-free: 1-800-543-9905

<http://www.serenitylane.org/outpatient.html>

Outpatient treatment center providing specialized programs for alcoholism and substance abuse.

Locations across Oregon and in Vancouver. Check website for details.

### **White Bird Clinic Crisis Center**

341 E 12th Ave, Eugene, OR 97401

Phone: 541-687-4000 or toll-free: 1-800-422-7558

Fax: 541-342-7987 Email: see website for contact form

<http://whitebirdclinic.org/crisis>

Twenty-four-hour crisis response, including a phone hotline, walk-in crisis counseling, and mobile intervention when necessary. Crisis services are open to individuals, couples, families, and groups. Provides information and referral, and screenings for transportation services for the mentally disabled.

## Linn County

### **C.H.A.N.C.E. (Community Helping Addicts Negotiate Change)**

238 3<sup>rd</sup> Ave SE, Albany, OR 97321

Phone: 541-791-3411 After Hours: 541-730-7602

[www.chancerecovery.org](http://www.chancerecovery.org)

C.H.A.N.C.E. provides support, guidance, and the necessary resources to facilitate the development of life skills.

C.H.A.N.C.E. integrates short-term goals with long-term goals so individuals have a better chance of becoming productive members of our community. Our goal is to demonstrate our commitment by applying spiritual values.

## **Resources for Survivors of Domestic Violence & Sexual Assault**

### State-Wide

#### **Just Detention International Resource Guide**

3325 Wilshire Boulevard, Ste 340, Los Angeles, CA 90010

Phone: 213-384-1400

<https://justdetention.org/service/>

Resource guide for survivors of rape and sexual assault behind bars, provided by an advocacy group that exists to stop rape and sexual assault in prisons, jails and detention facilities.

### Multnomah County

#### **Call To Safety**

Mailing Address: PWCL, PO Box 42610, Portland, OR 97242

24/7 Crisis Line: 503-235-5333 or toll-free: 1-888-235-5333

<http://pwcl.org/>

In any language, the crisis line provides crisis intervention, advocacy, and support, safety planning, in-person response for survivors of sexual violence, information, and referral, emergency housing resources, transportation assistance.

Offers support groups.

#### **Home Free - Domestic Violence Intervention Program**

(Program of Volunteers of America)

3910 SE Stark St, Portland, OR 97214

Phone: 503-239-3929

Hotline: 503-771-5503

<https://www.voaor.org/home-free>

Program services include emergency services such as crisis hotline, transitional services including housing support, children's services, and outreach services that respond to barriers faced by survivors of domestic violence.



### **The Gateway Center**

10305 E Burnside St, Portland, OR 97220  
Phone: 503-988-6400 Fax: 503-988-6473  
<http://www.gatewaycenterdv.org/>

The Gateway Center offers crisis and safety planning, restraining order applications, aid in crime reporting, civil legal assistance, food stamps and cash benefits, support groups, and minor sex trafficking advocacy and support.

## **Domestic Violence/Batterer Intervention Programs**

### **Solutions D.V.I.P., Inc.**

(Domestic Violence Intervention Program)  
225 Madrona Ave SE, Salem, OR 97302  
Phone: 503-362-9466 Fax: 503-588-9996  
Email: [soldvip@qwestoffice.net](mailto:soldvip@qwestoffice.net)  
[www.solutionsdvp.com](http://www.solutionsdvp.com)

Provides evidence-based programs for men and women that help identify and change patterns of thought and belief that justify domestic violence.

### **Peace Works**

1910 2<sup>nd</sup> St, Tillamook, OR 97141  
Phone: 503-842-3100  
Batterer intervention program.

### **Men's Resource Center**

12 SE 14<sup>th</sup> Ave, Portland, OR 97214  
Phone: 503-235-3433 Fax: 503-235-4762  
Email: [info@portlandmrc.com](mailto:info@portlandmrc.com)  
<http://www.portlandmrc.com/>

Counseling resources for men such as domestic violence intervention groups, anger management, sexual abuse, and couples therapy.

## **Educational Resources for Women**

The following programs focus on helping women to enter the workforce.

### **Multnomah County**

#### **Project Independence**

Portland Community College, Cascade Campus SSB 103  
705 N Killingsworth St, Portland OR 97217  
Phone: 971-722-5249

<http://www.pcc.edu/resources/women/cascade/project-independence.html>

A tuition-free college credit program that helps single parents, displaced homemakers, & women returning to college explore career and life options and develop self-confidence.

#### **Transitions**

Mt. Hood Community College  
26000 SE Stark St, Gresham, OR 97030  
Phone: 503-491-7680 ext. 0

<http://www.mhcc.edu/transitions>

Transitions is a career planning and college preparation program for women who may find it challenging to begin or continue their college education. The program provides a highly supportive environment that helps students develop career goals, get comfortable with the college and all its resources, make friends within a support network of professionals and peers, and develop life skills.

#### **New Directions**

Portland Community College, Rock Creek Campus, Bldg 7, Rm 119

17705 NW Springfield Rd, Portland, OR, 97229  
Phone: 971-722-7448 Email: [kristen.martin1@pcc.edu](mailto:kristen.martin1@pcc.edu)

<http://www.pcc.edu/resources/women/WomensResourceCenterNewDirections.html>

Program for single parents and displaced homemakers that focus on assisting students in making a career choice and developing skills that will lead to financial independence. Locations at the Rock Creek campus and downtown Hillsboro.

# Veterans' Services & Information

## State-Wide

### **Oregon Department of Veterans Affairs**

Salem Location:

700 Summer St NE, Salem, Oregon 97301-1285

Phone: 503-373-2085 or toll-free: 800-692-9666

Portland Location:

100 SW Main St, 2<sup>nd</sup> floor, Portland, OR 97204

Mailing Address: PO Box 8039, Portland, OR 97204

Phone: 503-412-4777 Fax: 503-412-4785

Email: [orvetsbenefits@odva.state.or.us](mailto:orvetsbenefits@odva.state.or.us)

[www.odva.state.or.us/ODVA/about\\_us.html](http://www.odva.state.or.us/ODVA/about_us.html)

Administers and oversees services offered to veterans and their families. Call your local Veterans Service Officer (VSO) to determine the benefits you qualify for or recover lost military records. To locate the veteran's office nearest you, go to

<http://www.oregon.gov/ODVA/VSODIRECT/Pages/LOCATOR.aspx>

### **A Guide for Incarcerated Veterans in Oregon**

[http://www.oregon.gov/odva/docs/pdfs/criminal\\_justice\\_portal/guide\\_for\\_incarcerated\\_veterans.pdf](http://www.oregon.gov/odva/docs/pdfs/criminal_justice_portal/guide_for_incarcerated_veterans.pdf)

A guide that provides lists of services in areas of housing, job placement, training, counseling and much more. Provided by the Portland VA.

## Multnomah County

### **Central City Concern Veterans Grant & Per Diem Program**

2 NW 2<sup>nd</sup> Ave, Portland, OR 97209

Phone: 503-688-5098

<http://www.centralcityconcern.org/services/housing/suportive-housing/transitional-housing/>

Programs and services for male and female veterans that include transitional housing, job assistance, and other resources. To access the program, attend the orientation held every Monday morning at 10:00 a.m. at the Employment Access Center. For questions, or if one is unable to attend orientation, please call.

## Washington County

### **Veterans and Family Center**

(Project of the Salvation Army)

14825 SW Farmington Rd, Beaverton, OR 97007

Phone: 503-239-1259

[http://www1.usw.salvationarmy.org/usw/www\\_usw\\_casca.de.nsf/vw-dynamicarrays/D0AA088753D59C5F80256EF500621DA0?openDocument](http://www1.usw.salvationarmy.org/usw/www_usw_casca.de.nsf/vw-dynamicarrays/D0AA088753D59C5F80256EF500621DA0?openDocument)

Short-term case management and transitional housing for veterans and their families.

## **Parents' & Children's Resources**

### State-Wide

#### **Oregon Child Support Hotline**

1-800-383-1222

Statewide service of legal aid programs for people having trouble paying or receiving child support.

#### **Morrison Child and Family Services**

Locations: [www.morrisonkids.org/about-us/locations/](http://www.morrisonkids.org/about-us/locations/)

Intake Phone: 503-258-4381

Email: [centralintake@morrisonkids.org](mailto:centralintake@morrisonkids.org)

[www.morrisonkids.org](http://www.morrisonkids.org)

A range of resources and programs for families in need of support and assistance. For information on specific services or eligibility, or to schedule an appointment, contact Central Intake.

#### **Oregon Child Support Program - Legal Resources**

<http://oregonchildsupport.gov/resources/pages/legal.aspx>

List of legal and community resources for parents who need legal advice in navigating the Oregon Child Support program.

## Multnomah County

### **Metropolitan Family Service – Ways to Work**

1808 SE Belmont St, Portland, OR 97214

Phone: 503-232-0007 ext. 103

Email: [abbyw@metfamily.org](mailto:abbyw@metfamily.org)

<http://www.metfamily.org/what-we-do/family-support/>

The Ways to Work program provides working low-income parents with low-interest loans to purchase and repair vehicles if they cannot get a loan elsewhere.

### **Center for Family Success**

(A Project of Pathfinders of Oregon)

Main Office: 17805 SE Stark St, Portland, Oregon 97233

Phone: 503-286-0600

Email: [info@pathfindersoforegon.org](mailto:info@pathfindersoforegon.org)

<http://www.pathfindersoforegon.com/programs/center-for-family-success/>

Resources for families with a parent in or just out of the criminal justice system, such as GED, parenting, clothes closet, food, mentoring, computer lab, and employment services.

### **Parents Anonymous of Oregon**

1500 NE Irving St, Ste 250, Portland, OR 97232

Phone: 503-258-4568 Fax: 503-872-0659

Email: [leah.hall@morrisonkids.org](mailto:leah.hall@morrisonkids.org)

<http://parentsanonymous.org/network/oregon/>  
<http://www.morrisonkids.org/programs/prevention-education/parents-anonymous-of-oregon-parent-mentor-program/> Parenting resources and parent

mentoring for parents involved in child welfare or criminal justice system.

### **Youth, Rights, and Justice**

#### **Attorneys At Law**

401 NE 19<sup>th</sup> Ave, Ste 200, Portland, OR 97232

Phone: 503-232-2540 Fax: 503-231-4767

Email: [info@youthrightsjustice.org](mailto:info@youthrightsjustice.org)

[www.jrplaw.org](http://www.jrplaw.org)

Legal resources for youth involved in the juvenile justice system or the foster care system; resource guides on website. Also provides a resource guide for parents incarcerated in Oregon:

<http://www.jrplaw.org/Documents/ProtocolIncarceratedParents9-27-051.pdf>

### **Girl Scouts Beyond Bars**

Girl Scouts of Oregon and Southwest Washington, Inc.  
9620 SW Barbur Blvd, Portland, OR 97219

Contact: Monica Martinez-Animas, GSBBP Coordinator-  
503-977-6815

Email: [MAnimas@girlscoutsosw.org](mailto:MAnimas@girlscoutsosw.org)

<http://www.girlscoutsosw.org/en/about-girl-scouts/our-program/ways-to-participate/gsbb.html>

Girl Scouts Beyond Bars serves girls whose mothers are incarcerated at Coffee Creek Correctional Facility in Wilsonville. GSBB's primary goal is to lessen the impact of parent-child separation.

## **Legal Resources & Criminal Record Expungement Resources**

### State-Wide

#### **Legal Aid Services of Oregon**

<https://lasoregon.org/locations/>

Represents low-income people in civil cases across Oregon. Their Native American Program provides representation on Native American issues. See website for office locations.

#### **OregonLawHelp.org**

A guide to legal information and free civil legal services for low-income persons and seniors in Oregon. Information on a variety of legal issues, as well as information on how to contact programs providing legal assistance in Oregon.

#### **Oregon State Bar Modest Means Program**

Phone: 503-684-3763 or toll-free in Oregon: 800-452-7636

<http://www.oregonstatebar.org/public/ris/index.html#mm>

Referral program that helps moderate- and low-income Oregonians find affordable legal assistance. Only available for family law, criminal defense, foreclosure, and landlord/tenant matters at the trial court level. Application forms are available online.

## **St. Andrews Legal Clinic**

Multnomah and Clackamas Counties Location:

807 NE 807 NE Alberta St, Portland, OR 97211

Phone: 503-281-1500

Washington, Columbia, and Yamhill Counties Location:

232 NE Lincoln, Ste H, Hillsboro, OR 97124

Phone: 503-648-1600

<http://www.salcgroup.org/>

Provides legal services to low- and moderate income families. Provides legal advocacy for issues of adoption, child custody and support, protection orders, guardianship, domestic violence, and child support. Sliding scale fees. No criminal cases. English- and Spanish-speaking attorneys.

## **Getting Your Record Expunged - Youth, Rights and Justice Attorneys at Law**

401 NE 19th Ave, Ste 200, Portland, OR 97232

Phone: 503-232-2540 Fax: 503-231-4767

Email: [info@youthrightsjustice.org](mailto:info@youthrightsjustice.org)

[http://www.youthrightsjustice.org/Juvenile-](http://www.youthrightsjustice.org/Juvenile-Delinquency)

[Delinquency](http://www.youthrightsjustice.org/Juvenile-Delinquency)

Resource guide and paperwork online for getting your juvenile record expunged.

## **Multnomah County**

### **Project Second Chance**

4300 NE Fremont St, Ste 220, Portland, OR 97213

Phone: 503-244-5794 Fax: 503-293-2094

<http://projectsecondchance.us/>

The program provides assistance with removal of minor criminal convictions, converting court or traffic fines to community service, and regaining your driver's license. Information sheet about setting aside arrests and convictions and regaining your driver's license available online. Multnomah County only which includes Troutdale, Wood Village, and Gresham.

## **Clark County, WA**

### **Clark County Volunteer Lawyers**

1409 Franklin St, Ste 101, Vancouver, WA 98660

Phone: 360-695-5313 Email: [info@ccvlp.org](mailto:info@ccvlp.org)

<http://www.ccvlp.org/>

Offers free legal assistance to low-income Clark County residents regarding civil (non-criminal) cases. Services offered include one-on-one consultations with an attorney, review of papers, and in limited cases representation by an attorney.

### **NW Justice Project**

500 W 8th, Ste 275, Vancouver, WA 98660

Client Intake: 888-201-1014 (can be used with TTY)

Office Phone: 360-693-6130 or toll-free: 888-201-1020

<http://nwjustice.org/>

NJP is a not-for-profit statewide law firm that provides free civil legal assistance and representation to low-income people and communities throughout Washington.

## **Voting Rights**

In Oregon, people with felony convictions can register and vote. If you are on parole, probation or post-prison supervision, you can register and vote. The only people who cannot vote are people in prison.

**Register to vote online at [www.oregonvotes.org](http://www.oregonvotes.org)**

You can also find paper copies of voter registration cards at your county elections office, library, or post office.

### **Oregon Secretary of State's Office, Elections Division**

255 Capitol St NE, Ste 501, Salem, OR 97310

Phone: 503-986-1518 or toll-free: 1-866-ORE-VOTE

Fax: 503-373-7414 TTY: 800-735-2900

Email: [elections.sos@state.or.us](mailto:elections.sos@state.or.us)

<http://sos.oregon.gov/voting/Pages/default.aspx>

List of County Elections Offices:

<http://sos.oregon.gov/elections/Pages/countyofficials.aspx>

Responsible for elections in Oregon. Online voter registration, information about voting, including how to register to vote and voter registration cards. Your county elections office can also help you register to vote and will give you voter registration cards.

# Federal Benefit Programs & Other Resources

## State-Wide

### **Oregon Helps**

[www.oregonhelps.org](http://www.oregonhelps.org)

A website that uses a survey to show you what assistance programs you may be eligible for, such as food, housing, health insurance, tax credits, cash assistance, etc.

### **Temporary Assistance for Needy Families (TANF)**

Oregon Department of Human Services

500 Summer St NE, Salem, OR 97301

<https://www.oregon.gov/DHS/ASSISTANCE/CASH/Pages/Apply-TANF.aspx>

Provides cash assistance to low-income families with children while they strive to become self-sufficient. Application information available online or at a DHS Self-Sufficiency Office. Find the office nearest you here: <https://www.oregon.gov/DHS/Offices/Pages/Self-Sufficiency.aspx>

### **Social Security**

Phone: 1-800-772-1213 TTY: 1-800-325-0778

<http://www.ssa.gov/>

Office Locator: <https://secure.ssa.gov/ICON/main.jsp>

Benefits available after incarceration:

<http://www.ssa.gov/reentry/>

The federal agency that administers retirement, disability, Medicare, and Supplemental Security Income programs. To apply for benefits, visit their website or visit your local branch office. Call for more information.

### **Oregon Public Benefits Hotline**

1-800-520-5292

Legal aid resource that helps low-income people having problems applying for Social Security, Food Stamps, TANF, and other government benefits.

### **Oregon Lifeline (Telephone Assistance Program)**

1-800-848-4442 TTY: 1-800-648-3458

<http://www.puc.state.or.us/Pages/rsfp/otap.aspx>

Federal and state government assistance program that reduces your monthly residential/landline or wireless phone bill by \$12.75, if eligible. Can apply online or print out an application.

### **Supplemental Nutrition Assistance Program (SNAP)**

(Formerly the Food Stamp Program)

1-800-723-3638

<http://www.oregon.gov/DHS/assistance/Pages/foodstamps/foodstamps.aspx>

Offers assistance in purchasing food to low-income people. Formerly known as the Food Stamp Program. Call for questions about how or where to apply.

### **CASH Oregon (Creating Assets, Savings, and Hope)**

2010 Lloyd Center, Portland, OR 97232

Phone: 503-243-7765 Fax: 1-503-208-8080

Email: [admin@CashOregon.org](mailto:admin@CashOregon.org)

<http://www.cashoregon.org/>

CASH Oregon is a community partnership that provides free tax preparation programs to low-income Oregonians so they can claim federal and state tax credits. To locate a site and get schedules, call 2-1-1 info or visit our website.

### **Oregon Driver and Motor Vehicle Services Division (DMV)**

Mailing Address: DMV Headquarters, 1905 Lana Ave NE, Salem, OR 97314

Salem: (503) 945-5000

Portland Metro Area: (503) 299-9999

Bend: (541) 388-6322

Medford: (541) 776-6025

Roseburg: (541) 440-3395

Eugene: (541) 686-7855

Statewide Relay: 7-1-1

<http://www.oregon.gov/ODOT/DMV/>

## Multnomah County

### **Transgender Services at Outside In**

1132 SW 13th Ave, Portland, OR 97205

Phone: 503-535-3828

Email: [info@outsidein.org](mailto:info@outsidein.org) or [ericaw@outsidein.org](mailto:ericaw@outsidein.org)

Website: <http://www.outsidein.org/>

Provides direct services to address some of the needs of individuals exploring the gender/sexuality/identity spectrums. Resource and referral for all sexualities and genders. Trans Health Services at the primary clinic provides health care, family planning, HIV/STD testing, referrals, and hormone therapy. The ID Project provides information, advocacy, and some financial aid for transgender and gender non-conforming people changing their legal names and genders.

### **Erase Tattoo Removal Program**

(part of Outside In)

1719 W Burnside St., Portland, OR 97209

Phone: 503-535-3902 (Se habla español)

Email: [projecterase@outsidein.org](mailto:projecterase@outsidein.org)

[http://outsidein.org/medical-services-tattoo-](http://outsidein.org/medical-services-tattoo-removal.htm)

[removal.htm](http://outsidein.org/medical-services-tattoo-removal.htm) Tattoo removal for those who qualify.

Eligibility and cost are based on income. Appointment only.

### **Resolutions Northwest**

2538 NE Broadway St., Ste A, Portland, OR 97232

Phone: 503-595-4890x100

E-mail: [info@resolutionsnorthwest.org](mailto:info@resolutionsnorthwest.org)

<http://www.resolutionsnorthwest.org/>

Mediation, facilitation, restorative justice in schools, and conflict resolution services and education designed to assist people in resolving both interpersonal and community conflicts.

### **Multnomah County Library**

Central Library Location: 810 SW 10<sup>th</sup> Ave, Portland, OR 97205

Central Library Phone: 503-988-5123

Reference Line: 503-988-5402

<http://www.multcolib.org/>

Help for job seekers: <https://multcolib.org/events/job-seekers>

Free GED study resources online & at your local library:

<https://multcolib.org/ged>

More info about computers and computer classes:

<https://multcolib.org/events/computer-labs>

List of branches and locations:

<https://multcolib.org/hours-and-locations>

Library website includes both job search resources and resources to help you get into college. The library also offers computer classes, and each branch has computers for public use. The library publishes *Moving On*, a community transition resource.

## **Resource Lists**

These lists and directories contain information on further resources for life after prison.

## State-Wide

### **Community Action Partnership of Oregon**

Location: 945 Columbia St NE, Salem OR 97301

Mailing Address: PO Box 7964 Salem, OR 97303

Phone: 503-316-3951 Fax: 503-363-0113

<http://www.caporegon.org>

Oregon's Poverty Fighting Network – Lists 18 partner organizations across Oregon that connect people to resources such as childcare, housing, and rent and bill assistance.

### **Oregon Department of Corrections (ODOC) Treatment Providers Search**

<http://docpub.state.or.us/Treatment/index.shtml>

ODOC search tool lists programs dealing with mental health, substance abuse, anger management, domestic violence, and employment by county.

## **United Community Action Network**

Main office: 541-672-3421 or toll-free: 800-301-8226

Fax: 541-672-1983

<http://www.ucancap.org/>

List of locations that offer services:

<http://www.ucancap.org/index.php?cID=246>

Promotes resources and opportunities to low-income families and individuals including food, housing assistance, childcare, and transportation.

## **Oregon Reentry Wiki**

<http://oregonreentry.wikidot.com/>

Online resource to connect people who have been in OR DOC custody with reentry resources.

## **211 Info**

Phone: 2-1-1

<http://www.211info.org>

Online and phone directory of health and human services resources for Multnomah, Washington, Clackamas, Lane, Lincoln Counties, Central Oregon, Mid-Valley, SW Oregon, the Gorge and SW Washington.

## **Faces and Voices of Recovery - Mutual Aid Resources**

<http://www.facesandvoicesofrecovery.org/guide/support/>

Page of links to organizations throughout the U.S. that assist people in recovery as well as their friends and family through mutual aid groups.

## **Marion County**

### **Marion County Resource Guide**

<http://www.co.marion.or.us/SO/Operations/CodeEnforcement/Pages/Community%20Resources.aspx>

Connects you to Greater Oregon Online Data Service that lists over 8,500 state and national health and human services agencies.

## **Clackamas County**

### **Clackamas County Social Services**

2051 Kaen Rd, Oregon City, OR 97045

Phone: 503-655-8640 Fax: 503-650-5722

<http://www.clackamas.us/socialservices/>

The website provides a quick 'yellow pages' to resources by subject name. Services include help with basic needs, disability, and services for veterans.

## **Multnomah County**

### **Multnomah County Resource Guide**

<http://www.portlandonline.com/safeyouth/index.cfm?c=49758&a=413000>

Created by Multnomah County Parole and Probation. Lists info about how to get a social security card, driver's license, how to clear your criminal record, and more.

### **Multnomah County Dept. of County Human Services**

421 SW Oak St, Ste 240, Portland, OR 97204

Phone: 211 or 503-222-5555

<https://multco.us/dchs>

The website provides information regarding services for domestic violence and addiction as well as information for school and community partnerships. For aging and disability information call 503-988-3646.

### **Moving On**

Multnomah County Library, 810 SW 10th, Portland, OR

Phone: 503-988-5234

<http://www.multcolib.org>

Jobs Link: <https://multcolib.org/jobs-and-careers>

A community transition handbook. This can be obtained at the Multnomah County Library. Includes lists for Multnomah County shelters, clothing, housing, drug, and alcohol treatment, domestic violence services and much more.

### **Workforce Network Community Resource Guide**

(Produced by Portland Community College)

<http://wfn.pcc.edu/>

Under "Job Seekers" tab is a menu that lists job information and more general community resources.

### **The Rose City Resource**

(Produced by *Street Roots*)

*Street Roots* Location:

211 NW Davis St, Portland, Oregon 97209

Phone: 503-228-5657 Fax: 503-227-3117

<http://www.streetroots.org/about/work/resourceguide>

Resource in each issue of Portland's *Street Roots* newspaper that provides listings for Portland Metro based programs including housing, clothing, food and legal services. Hardcopy guides are available at the *Street Roots* office. Also available online.

### Lane County

#### **White Bird Clinic Info Line**

341 E 12<sup>th</sup> Ave, Eugene, OR 97401

Phone: 541-342-4357 Fax: 541-342-7987

<http://whitebirdclinic.org/info>

Infoline is a comprehensive information and referral resource concerning human services in Lane County, including info on food, clothing, shelter, transportation, legal, and health care. Focus on assisting people with low incomes or special needs.

## **Advocacy Organizations**

These organizations do not provide direct services. They do provide information and work to pass laws and policies that will enable people to reenter the community more effectively. They need your support. If you have time or interest in volunteering, many could use your help.

#### **Partnership for Safety and Justice**

825 NE 20th Avenue, Ste 250, Portland, Oregon 97240

Phone: 503-335-8449 Fax: 503-232-1922

Email: [info@safetyandjustice.org](mailto:info@safetyandjustice.org)

<http://www.safetyandjustice.org>,

Partnership for Safety and Justice advocates for policies that make Oregon's approach to public safety more effective and just for people convicted of a crime, survivors of crime, and the families of both.

#### **Oregon CURE**

7805 SW 40<sup>th</sup> Ave, PO Box 80193 Portland, OR 97280

Phone: 503-977-9979 or toll-free: 866-357-CURE (2873)

Email: [admin@oregoncure.org](mailto:admin@oregoncure.org)

<http://www.oregoncure.org/>

Oregon CURE's mission is to reduce crime by advocating for effective criminal justice policies, procedures, and programs.

#### **National HIRE Network**

(A project of the Legal Action Center)

New York Location:

225 Varick St, New York, NY 10014

Phone: 212-243-1313 Fax: 212-675-0286

Washington, D.C. Location:

810 1<sup>st</sup> St. NE, Ste. 200, Washington, D.C. 20002

Phone: 202-544-5478 Fax: 202-544-5712

Email: [hirenetworkinfo@lac.org](mailto:hirenetworkinfo@lac.org)

<http://www.hirenetwork.org>

National project "to increase the number and quality of job opportunities available to people with criminal records by improving employment practices, public policies, and changing public opinion." The website includes info clearinghouse on research and literature on criminal justice and job-related topics.

#### **National Employment Law Project**

75 Maiden Ln, Ste 601, New York, NY 10038

Phone: 212-285-3025 Email: [nelp@nelp.org](mailto:nelp@nelp.org)

<http://www.nelp.org>

NELP promotes policies and programs that create good jobs, strengthen upward mobility, enforce hard-won worker rights, and help unemployed workers regain their economic footing through improved benefits and services. Focus on changing policy, no individual assistance.

#### **Just Detention International**

3325 Wilshire Blvd, Ste 340, Los Angeles, CA 90010 Phone:

213-384-1400

<http://www.justdetention.org/>

Exists to stop rape and sexual assault in prisons, jails and detention facilities.



**MindFreedom International**

Street Address: 454 Willamette St, Ste 216, Eugene, OR 97401

Mailing Address: PO Box 11284, Eugene, OR 97440

Phone: 541-345-9106 or toll-free: 1-877-MAD-PRID(e)

Fax: 480-287-8833 Email: [office@mindfreedom.org](mailto:office@mindfreedom.org)

<http://mindfreedom.org/>

Independent nonprofit uniting grassroots groups and members to take action for human rights in the mental health system.

**NAMI Oregon**

(National Alliance on Mental Illness)

Information Helpline: 503-230-8009 & 1-800-343-6264

Email: [namioregon@namior.org](mailto:namioregon@namior.org)

<http://www.namior.org>

NAMI Oregon is a statewide grassroots organization that is dedicated to improving the quality of life for individuals living with mental illness, as well as their families and loved ones through education, support, and advocacy at the state and county levels. See website for support groups located across Oregon.