

**From:** "Ralston, Rick D :LSO Behavioral Health Admin" RRalston@lhs.org  
**Subject:** Minutes & By-Laws -- Unity Advisory Council  
**Date:** February 29, 2016 at 1:13 PM America/Los\_Angeles  
**To:** "Farentinos, Chris :LSO VP Unity Ctr Behavioral Health" CFARENTI@lhs.org,  
"Custer,John" CusterJM@ah.org, Patricia Day TenEyck patricia@namimultnomah.org, Michele Veenker  
michele@namicc.org, "ann@ Empowermentroots" ann@empowermentroots.com, Greg Ellis gellis@folktime.org,  
"lonefir@gmail.com" lonefir@gmail.com, Lindsay MacLean Lindsay.MacLean@depaultc.org, "Hatch, Sara"  
SaraH@albertinakerr.org, "Jon.Betlinski@cascadiabhc.org" Jon.Betlinski@cascadiabhc.org, Sharon Meieran  
semeieran@gmail.com, "lakeeshadumas@gmail.com" lakeeshadumas@gmail.com, "hleung@ahscpx.org"  
hleung@ahscpx.org, "nicole.a.mobley@state.or.us" nicole.a.mobley@state.or.us, Mary Claire Buckley  
maryclaire.buckley@portlandoregon.gov, "mark.lewinsohn@lifeworksnw.org" mark.lewinsohn@lifeworksnw.org,  
"mehera.n.christian@kp.org" mehera.n.christian@kp.org, "Welsh, Colleen E :LSO Human Resources"  
CWELSH@lhs.org, "Henderson, Robin J" Robin.Henderson@providence.org  
**Cc:** "Hunter, Robyn :LSO IS" RNHUNTER@lhs.org



---

Thanks for the good Unity Advisory Council meeting last week. Attached are the minutes and By-Laws with the revisions we discussed. Please review them and let me know if I missed anything. On the By-Laws, you can see the revisions by clicking on View then Edit Document.

Thanks, Rick

Rick Ralston, LCSW  
Project Manager, Behavioral Health Services  
Legacy Health  
503-413-6376 / [rralston@lhs.org](mailto:rralston@lhs.org)

**Attachments:**

[Minutes-Unity Advisory Council mtg 02 24 16.doc](#) (56 kB)  
[UAC bylaws draft revisions 02 24 16 v2.docx](#) (24.23 kB)

**From:** lonefir@gmail.com  
**Subject:** Re: Minutes & By-Laws -- Unity Advisory Council  
**Date:** February 29, 2016 at 1:38 PM America/Los\_Angeles  
**To:** "Ralston, Rick D :LSO Behavioral Health Admin" [RRalston@lhs.org](mailto:RRalston@lhs.org), "Farentinos, Chris :LSO VP Unity Ctr Behavioral Health" [CFARENTI@lhs.org](mailto:CFARENTI@lhs.org), "Custer,John" [CusterJM@ah.org](mailto:CusterJM@ah.org), Patricia Day TenEyck [patricia@namimultnomah.org](mailto:patricia@namimultnomah.org), Michele Veenker [michele@namicc.org](mailto:michele@namicc.org), "ann@Empowermentroots" [ann@empowermentroots.com](mailto:ann@empowermentroots.com), Greg Ellis [gellis@folktime.org](mailto:gellis@folktime.org), Lindsay MacLean [Lindsay.MacLean@depaultc.org](mailto:Lindsay.MacLean@depaultc.org), "Hatch, Sara" [SaraH@albertinakerr.org](mailto:SaraH@albertinakerr.org), "Jon.Betlinski@cascadiabhc.org" [Jon.Betlinski@cascadiabhc.org](mailto:Jon.Betlinski@cascadiabhc.org), Sharon Meieran [semeieran@gmail.com](mailto:semeieran@gmail.com), "lakeeshadumas@gmail.com" [lakeeshadumas@gmail.com](mailto:lakeeshadumas@gmail.com), "hleung@ahscpx.org" [hleung@ahscpx.org](mailto:hleung@ahscpx.org), "nicole.a.mobley@state.or.us" [nicole.a.mobley@state.or.us](mailto:nicole.a.mobley@state.or.us), Mary Claire Buckley [maryclaire.buckley@portlandoregon.gov](mailto:maryclaire.buckley@portlandoregon.gov), "mark.lewinsohn@lifeworksnw.org" [mark.lewinsohn@lifeworksnw.org](mailto:mark.lewinsohn@lifeworksnw.org), "mehera.n.christian@kp.org" [mehera.n.christian@kp.org](mailto:mehera.n.christian@kp.org), "Welsh, Colleen E :LSO Human Resources" [CWELSH@lhs.org](mailto:CWELSH@lhs.org), "Henderson, Robin J" [Robin.Henderson@providence.org](mailto:Robin.Henderson@providence.org)  
**Cc:** "Hunter, Robyn :LSO IS" [RNHUNTER@lhs.org](mailto:RNHUNTER@lhs.org)



Couldnt fin

On Mon, Feb 29, 2016 at 1:13 PM Ralston, Rick D :LSO Behavioral Health Admin  
<[RRalston@lhs.org](mailto:RRalston@lhs.org)> wrote:

Thanks for the good Unity Advisory Council meeting last week. Attached are the minutes and By-Laws with the revisions we discussed. Please review them and let me know if I missed anything. On the By-Laws, you can see the revisions by clicking on View then Edit Document.

Thanks, Rick

Rick Ralston, LCSW  
Project Manager, Behavioral Health Services  
Legacy Health  
503-413-6376 / [rralston@lhs.org](mailto:rralston@lhs.org)

**From:** lonefir@gmail.com  
**Subject:** Re: Minutes & By-Laws -- Unity Advisory Council  
**Date:** February 29, 2016 at 1:40 PM America/Los\_Angeles  
**To:** "Ralston, Rick D :LSO Behavioral Health Admin" RRalston@lhs.org



Couldn't find anything in the minutes about the brief discussion I brought up regarding stipends for disabled/peers/patients on advisory council. Also my point that other orgs, cco's, providence pays peers stipends, and Chris's response, and Ann's input, thx, KF

On Mon, Feb 29, 2016 at 1:13 PM Ralston, Rick D :LSO Behavioral Health Admin  
<[RRalston@lhs.org](mailto:RRalston@lhs.org)> wrote:

Thanks for the good Unity Advisory Council meeting last week. Attached are the minutes and By-Laws with the revisions we discussed. Please review them and let me know if I missed anything. On the By-Laws, you can see the revisions by clicking on View then Edit Document.

Thanks, Rick

Rick Ralston, LCSW  
Project Manager, Behavioral Health Services  
Legacy Health  
503-413-6376 / [rralston@lhs.org](mailto:rralston@lhs.org)

--  
Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713



--  
Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

**From:** "Ralston, Rick D :LSO Behavioral Health Admin" [RRalston@lhs.org](mailto:RRalston@lhs.org)  
**Subject:** RE: Minutes & By-Laws -- Unity Advisory Council  
**Date:** February 29, 2016 at 2:11 PM America/Los\_Angeles  
**To:** "lonefir@gmail.com" [lonefir@gmail.com](mailto:lonefir@gmail.com)  
**Cc:** "Farentinos, Chris :LSO VP Unity Ctr Behavioral Health" [CFARENTI@lhs.org](mailto:CFARENTI@lhs.org)



Hi Kevin,

My apologies for omitting that. I remember the discussion. I will add that so we have a record of that in the Minutes.

Rick

**From:** [lonefir@gmail.com](mailto:lonefir@gmail.com) [<mailto:lonefir@gmail.com>]  
**Sent:** Monday, February 29, 2016 1:41 PM  
**To:** Ralston, Rick D :LSO Behavioral Health Admin  
**Subject:** Re: Minutes & By-Laws -- Unity Advisory Council

Couldn't find anything in the minutes about the brief discussion I brought up regarding stipends for disabled/peers/patients on advisory council. Also my point that other orgs, cco's, providence pays peers stipends, and Chris's response, and Ann's input, thx, KF

On Mon, Feb 29, 2016 at 1:13 PM Ralston, Rick D :LSO Behavioral Health Admin  
<[RRalston@lhs.org](mailto:RRalston@lhs.org)> wrote:

Thanks for the good Unity Advisory Council meeting last week. Attached are the minutes and By-Laws with the revisions we discussed. Please review them and let me know if I missed anything. On the By-Laws, you can see the revisions by clicking on View then Edit Document.

Thanks, Rick

Rick Ralston, LCSW

Project Manager, Behavioral Health Services

Legacy Health

503-413-6376 / [rralston@lhs.org](mailto:rralston@lhs.org)

Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713

The Oregon Mental Health Consumers Association



--

Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

**From:** lonefir@gmail.com  
**Subject:** Re: Minutes & By-Laws -- Unity Advisory Council  
**Date:** February 29, 2016 at 6:48 PM America/Los\_Angeles  
**To:** "Ralston, Rick D :LSO Behavioral Health Admin" RRalston@lhs.org  
**Cc:** "Farentinos, Chris :LSO VP Unity Ctr Behavioral Health" CFARENTI@lhs.org



Thanks.

On Mon, Feb 29, 2016, 2:11 PM Ralston, Rick D :LSO Behavioral Health Admin  
<[RRalston@lhs.org](mailto:RRalston@lhs.org)> wrote:

Hi Kevin,

My apologies for omitting that. I remember the discussion. I will add that so we have a record of that in the Minutes.

Rick

**From:** [lonefir@gmail.com](mailto:lonefir@gmail.com) [mailto:[lonefir@gmail.com](mailto:lonefir@gmail.com)]  
**Sent:** Monday, February 29, 2016 1:41 PM  
**To:** Ralston, Rick D :LSO Behavioral Health Admin  
**Subject:** Re: Minutes & By-Laws -- Unity Advisory Council

Couldn't find anything in the minutes about the brief discussion I brought up regarding stipends for disabled/peers/patients on advisory council. Also my point that other orgs, cco's, providence pays peers stipends, and Chris's response, and Ann's input, thx, KF

On Mon, Feb 29, 2016 at 1:13 PM Ralston, Rick D :LSO Behavioral Health Admin  
<[RRalston@lhs.org](mailto:RRalston@lhs.org)> wrote:

Thanks for the good Unity Advisory Council meeting last week. Attached are the minutes and By-Laws with the revisions we discussed. Please review them and let me know if I missed anything. On the By-Laws, you can see the revisions by clicking on View then Edit Document.

Thanks, Rick

Rick Ralston, LCSW

Project Manager, Behavioral Health Services

Legacy Health

503-413-6376 / [rralston@lhs.org](mailto:rralston@lhs.org)

--

Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713

The Oregon Mental Health Consumers Association



--

Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

--

Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713

The Oregon Mental Health Consumers Association



--

Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

**From:** lonefir@gmail.com  
**Subject:** Fwd: Minutes & By-Laws -- Unity Advisory Council  
**Date:** March 06, 2016 at 8:35 PM America/Los\_Angeles  
**To:**



----- Forwarded message -----

**From:** <lonefir@gmail.com>  
**Date:** Mon, Feb 29, 2016 at 6:48 PM  
**Subject:** Re: Minutes & By-Laws -- Unity Advisory Council  
**To:** Ralston, Rick D :LSO Behavioral Health Admin <RRalston@lhs.org>  
**Cc:** Farentinos, Chris :LSO VP Unity Ctr Behavioral Health <CFARENTI@lhs.org>

Thanks.

On Mon, Feb 29, 2016, 2:11 PM Ralston, Rick D :LSO Behavioral Health Admin <RRalston@lhs.org> wrote:

Hi Kevin,

My apologies for omitting that. I remember the discussion. I will add that so we have a record of that in the Minutes.

Rick

**From:** lonefir@gmail.com [mailto:lonefir@gmail.com]  
**Sent:** Monday, February 29, 2016 1:41 PM  
**To:** Ralston, Rick D :LSO Behavioral Health Admin  
**Subject:** Re: Minutes & By-Laws -- Unity Advisory Council

Couldn't find anything in the minutes about the brief discussion I brought up regarding stipends for disabled/peers/patients on advisory council. Also my point that other orgs, cco's, providence pays peers stipends, and Chris's response, and Ann's input, thx, KF

On Mon, Feb 29, 2016 at 1:13 PM Ralston, Rick D :LSO Behavioral Health Admin <RRalston@lhs.org> wrote:

Thanks for the good Unity Advisory Council meeting last week. Attached are the minutes and By-Laws with the revisions we discussed. Please review them and let me know if I missed anything. On the By-Laws, you can see the revisions by clicking on View then Edit Document.

Thanks, Rick

Rick Ralston, LCSW



Project Manager, Behavioral Health Services

Legacy Health

503-413-6376 / [rralston@lhs.org](mailto:rralston@lhs.org)

--

Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713

The Oregon Mental Health Consumers Association



--

Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

--

Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713

The Oregon Mental Health Consumers Association



--

Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

**From:** lonefir@gmail.com  
**Subject:** Fwd: Minutes & By-Laws -- Unity Advisory Council  
**Date:** March 06, 2016 at 8:37 PM America/Los\_Angeles  
**To:** Bob Nikkel bobnikkel@gmail.com



----- Forwarded message -----

From: Ralston, Rick D :LSO Behavioral Health Admin <[RRalston@lhs.org](mailto:RRalston@lhs.org)>  
Date: Mon, Feb 29, 2016 at 1:13 PM  
Subject: Minutes & By-Laws -- Unity Advisory Council  
To: Farentinos, Chris :LSO VP Unity Ctr Behavioral Health <[CFARENTI@lhs.org](mailto:CFARENTI@lhs.org)>, Custer, John <[CusterJM@ah.org](mailto:CusterJM@ah.org)>, Patricia Day TenEyck <[patricia@namimultnomah.org](mailto:patricia@namimultnomah.org)>, Michele Veenker <[michele@namicc.org](mailto:michele@namicc.org)>, ann@ Empowermentroots <[ann@empowermentroots.com](mailto:ann@empowermentroots.com)>, Greg Ellis <[gellis@folktime.org](mailto:gellis@folktime.org)>, lonefir@gmail.com <[lonefir@gmail.com](mailto:lonefir@gmail.com)>, Lindsay MacLean <[Lindsay.MacLean@depaultc.org](mailto:Lindsay.MacLean@depaultc.org)>, Hatch, Sara <[SaraH@albertinakerr.org](mailto:SaraH@albertinakerr.org)>, Jon.Betlinski@cascadiabhc.org <[Jon.Betlinski@cascadiabhc.org](mailto:Jon.Betlinski@cascadiabhc.org)>, Sharon Meieran <[semeieran@gmail.com](mailto:semeieran@gmail.com)>, lakeeshadumas@gmail.com <[lakeeshadumas@gmail.com](mailto:lakeeshadumas@gmail.com)>, hleung@ahscpx.org <[hleung@ahscpx.org](mailto:hleung@ahscpx.org)>, nicole.a.mobley@state.or.us <[nicole.a.mobley@state.or.us](mailto:nicole.a.mobley@state.or.us)>, Mary Claire Buckley <[maryclaire.buckley@portlandoregon.gov](mailto:maryclaire.buckley@portlandoregon.gov)>, mark.lewinsohn@lifeworksnw.org <[mark.lewinsohn@lifeworksnw.org](mailto:mark.lewinsohn@lifeworksnw.org)>, mehera.n.christian@kp.org <[mehera.n.christian@kp.org](mailto:mehera.n.christian@kp.org)>, Welsh, Colleen E :LSO Human Resources <[CWELSH@lhs.org](mailto:CWELSH@lhs.org)>, Henderson, Robin J <[Robin.Henderson@providence.org](mailto:Robin.Henderson@providence.org)>  
Cc: Hunter, Robyn :LSO IS <[RNHUNTER@lhs.org](mailto:RNHUNTER@lhs.org)>

Thanks for the good Unity Advisory Council meeting last week. Attached are the minutes and By-Laws with the revisions we discussed. Please review them and let me know if I missed anything. On the By-Laws, you can see the revisions by clicking on View then Edit Document.

Thanks, Rick

Rick Ralston, LCSW  
Project Manager, Behavioral Health Services  
Legacy Health  
503-413-6376 / [rralston@lhs.org](mailto:rralston@lhs.org)

--  
Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713



--

Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

**Attachments:**

[Minutes-Unity Advisory Council mtg 02 24 16.doc](#) (56 kB)

[UAC bylaws draft revisions 02 24 16 v2.docx](#) (24.23 kB)