

**From:** "Ralston, Rick D :LSO Behavioral Health Admin" RRalston@lhs.org  
**Subject:** Do you want a short phone mtg in prep for 5/4 Unity Transitions of Care mtg?  
**Date:** April 27, 2016 at 2:34 PM America/Los\_Angeles  
**To:** Michele Veenker michele@namicc.org, Greg Ellis gellis@folktime.org,  
"lonefir@gmail.com" lonefir@gmail.com, "erica.edwards@depaultc.org" erica.edwards@depaultc.org, Holly  
Friesz holly.friesz@lifeworksnw.org



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You 5 have not been in the previous Unity Transitions of Care meetings but have offered to join us for the mtg next Wed, May 4 where we will have 3 sub-groups (see attached) work on workflows for community partners, including peers, that will help define what community partner's role will be in each of the 3 areas (inpatient discharge, PES discharge, and role of peers/outreach workers in the PES). We'll start the mtg by giving an overview but I wanted to offer that if you would like, I'd be happy to schedule a 30 minute conference call with all of you prior to next Wed to give you the background on how we got to the place we're at now.

Let me know if you're interested and we can find a time that works.  
Thanks, Rick

Rick Ralston, LCSW  
Project Manager, Behavioral Health Services  
Legacy Health  
503-413-6376 / rralston@lhs.org

**Attachments:**

[Sub-Groups Roster.docx](#) (19.63 kB)

**From:** lonefir@gmail.com  
**Subject:** Re: Do you want a short phone mtg in prep for 5/4 Unity Transitions of Care mtg?  
**Date:** April 27, 2016 at 3:13 PM America/Los\_Angeles  
**To:** "Ralston, Rick D :LSO Behavioral Health Admin" RRalston@lhs.org, Michele Veenker michele@namicc.org, Greg Ellis gellis@folktime.org, "erica.edwards@depaultc.org" erica.edwards@depaultc.org, Holly Friesz holly.friesz@lifeworksnw.org



Yes, I'd love to! These meet at noon on 5/4? Right.....

On Wed, Apr 27, 2016 at 2:34 PM Ralston, Rick D :LSO Behavioral Health Admin <[RRalston@lhs.org](mailto:RRalston@lhs.org)> wrote:

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Kevin Fitts  
Executive Director  
Oregon Mental Health Consumers Association  
1969 NW Johnson St. , Suite #230  
Portland, Oregon  
97209-1365  
(503)752-9713

The Oregon Mental Health Consumers Association



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I hear you saying often that you're not turned on to politics. The lessons of history are clear and portentous. If you do not turn on to politics, politics will turn on you. - Ralph Nader, Consumer Advocate

**From:** "Ralston, Rick D :LSO Behavioral Health Admin" [RRalston@lhs.org](mailto:RRalston@lhs.org)  
**Subject:** RE: Do you want a short phone mtg in prep for 5/4 Unity Transitions of Care mtg?  
**Date:** April 28, 2016 at 3:46 PM America/Los\_Angeles  
**To:** "lonefir@gmail.com" [lonefir@gmail.com](mailto:lonefir@gmail.com)



Correct. The one we requested your participation in is May 4, 12-1:30 pm at Good Sam, Wistar Morris Conf rm. Go in the main entrance of the hospital and ask for directions. They'll point you down the hallway right behind you. Wistar Morris is right at the end of the hallway.

We'll provide lunch so bring your appetite J.

Rick

**From:** [lonefir@gmail.com](mailto:lonefir@gmail.com) [<mailto:lonefir@gmail.com>]  
**Sent:** Wednesday, April 27, 2016 3:14 PM  
**To:** Ralston, Rick D :LSO Behavioral Health Admin <[RRalston@LHS.ORG](mailto:RRalston@LHS.ORG)>; Michele Veenker <[michele@namicc.org](mailto:michele@namicc.org)>; Greg Ellis <[gellis@folktime.org](mailto:gellis@folktime.org)>; erica.edwards@depaultc.org; Holly Friesz <[holly.friesz@lifeworksnw.org](mailto:holly.friesz@lifeworksnw.org)>  
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**From:** lonefir@gmail.com  
**Subject:** Fwd: Do you want a short phone mtg in prep for 5/4 Unity Transitions of Care mtg?  
**Date:** April 30, 2016 at 7:07 PM America/Los\_Angeles  
**To:** info@mentalhealthportland.org



----- Forwarded message -----

**From:** Ralston, Rick D :LSO Behavioral Health Admin <[RRalston@lhs.org](mailto:RRalston@lhs.org)>  
**Date:** Wed, Apr 27, 2016 at 2:34 PM  
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**To:** Michele Veenker <[michele@namicc.org](mailto:michele@namicc.org)>, Greg Ellis <[gellis@folktime.org](mailto:gellis@folktime.org)>, "lonefir@gmail.com" <[lonefir@gmail.com](mailto:lonefir@gmail.com)>, "erica.edwards@depaultc.org" <[erica.edwards@depaultc.org](mailto:erica.edwards@depaultc.org)>, Holly Friesz <[holly.friesz@lifeworksnw.org](mailto:holly.friesz@lifeworksnw.org)>

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Madness need not be all breakdown. It may also be break-through. It is potential liberation and renewal as well as enslavement and existential death.

R. D. LAING, "Transcendental Experience in Relation to Religion and Psychosis", *The Psychedelic Review*, 1964

**Attachments:**

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**Subject:** Re: Fwd: Do you want a short phone mtg in prep for 5/4 Unity Transitions of Care mtg?  
**Date:** April 30, 2016 at 7:21 PM America/Los\_Angeles  
**To:** Kevin Fitts [lonefir@gmail.com](mailto:lonefir@gmail.com)



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