PROPOSED PLAN

TO WRITE A HISTORY OF MENTAL HEALTH SERVICES IN OREGON FROM 1945 - PRESENT

KAREN UNGER, MSW ED.D.

April 28, 1998
6. Convene a 1-2 day colloquium or Festschrift (a European tradition of inviting papers and comment in honor of someone or an event).
   a. Invite key individuals who have worked in the mental health system to present brief papers and to participate in focus groups discussing their experiences in specified areas.
   b. Record, transcribe and analyze the participant focus groups for information and themes.
   c. Invite Pat Deegan to give a keynote address on examining the history of mental health services in Massachusetts.

**Products / Deliverables:**

1. A collection of documents and archival materials, including interviews, that describe mental health services from 1945 - present.

2. An annotated bibliography of archival material and interviews.

3. A 50-75 page double-spaced paper that includes a detailed description of the changes that occurred in mental health services from 1945 - present.

4. A 2-3 page Executive Summary.

5. Five 1 page fact sheets summarizing major points on the following topics:
   a. Summary of major facts
   b. Changes in policy
   c. Changes in mental health practice
   d. Changes in facilities
   e. Changes in funding

6. A 10-12 page article for the *Oregon Historical Quarterly* or other appropriate publication.
THOSE WHO DO NOT LEARN FROM HISTORY ARE DOOMED TO REPEAT IT

PUBLIC PSYCHIATRY CONFERENCE 1998

8:00 am 9:00 am Registration

9:00 am 10:30 am Four Former Commissioners of Mental Health Discuss Their Experiences In Light of the OHP Implementation

Ken Gayer: Establishing the Division, The Beginning of Deinstitutionalization
Don Bray: Creating County Responsibility for Public Mental Health Clients, From General Fund to Medicaid Support, Civil Commitment and PSRB, Integrating Developmental Disabilities
Joe Treleaven: The Community Support Project, Recession of the '80s, Separating Alcohol and Drug Abuse from Mental Health
Richard C. Lippincott: The Consumer Movement, Closing Dammash State Hospital, Planning for Mental Health Under PL99-660(?)

10:30 am 11:00 am Break

11:00 am 12:00 N NAMI & Consumer Viewpoints on History's Lessons

12:00 N 1:00 pm Lunch

1:00 pm 2:30 pm Small Group Breakouts by Region: Each Group is provided with discussion questions to explore past and present issues in their part of the state.

2:30 pm 3:00 pm Break

3:00 pm 4:00 pm Medical Director's Views on Current State Issues: Joseph Intile, M.D. (OMAP), Kathy Weaver M.D. (OHPPR), & three MHO's/CMHP's Medical Directors (including 1 Nurse Practitioner), Rupert Goetz, Moderator.

4:00 pm 5:00 pm Town Hall wrap up
Bob Nickell - Hearing paper

- The war [illegible]
- Details in an interesting order
  - Technology
  - Money
  - Decline of medical dominance
    - In the absence of science, MD = shaman
    - Role of institution
  - Changing role of the institution - decline of clergy
  - Emerging interest in personal or civil rights
  - Apotheosis of community life... but is it
    based on fact or myth as new form of art?
  - Diagnosis replaces competence as criterion for care

At "going to the state hospital" - how
how the meaning of the changed
"put away" "flying farm"
"safety net" public or private (court fund)
Karen V. Unger MSW, Ed.D.

Rehabilitation Through Education

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PHONE/FAX (503) 297 4122  
e-mail unger @ transport.com

Education:

<table>
<thead>
<tr>
<th>Degree</th>
<th>Year Granted</th>
<th>Institution</th>
<th>Major</th>
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<tbody>
<tr>
<td>Ed.D.</td>
<td>1987</td>
<td>Boston University</td>
<td>Educational Leadership</td>
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<tr>
<td>M.S.W.</td>
<td>1976</td>
<td>Arizona State University</td>
<td>Social Work Administration</td>
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<tr>
<td>M.A.</td>
<td>1974</td>
<td>Chapman College</td>
<td>Counseling Psychology</td>
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<tr>
<td>M.A.</td>
<td>1969</td>
<td>California State Polytechnic</td>
<td>Education</td>
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<td>B.S.</td>
<td>1965</td>
<td>North Dakota State University</td>
<td>English, Education</td>
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Professional Experience:

1995 - present  
Associate Research Professor at the University of Arizona, Tucson. Co-principle Investigator for a Field Initiated Research grant “Longitudinal Analysis of Supported Education for Persons with Long Term Mental Illness” The project explores outcomes related to school, quality of life, self esteem, hospitalizations, service utilization and accommodations. Both qualitative and quantitative methodologies are being utilized. It is a national study with sites in California, Connecticut and Massachusetts.

1994 - present  
President, Rehabilitation Through Education, consulting firm providing consultation and training to colleges, universities and mental health providers on issues related to education and rehabilitation for people with psychiatric disabilities.

1996 - present  
Project Consultant for Stepping Stones, a program for adolescents with emotional and behavior problems to return to or assist them to complete their education using the principle of supported education. The program is located on the Canada College campus in Redwood City, CA and sponsored by a grant from the Peninsula Foundation.

1996 - present  
Project Consultant and Editor for the development of a peer support manual for people with psychiatric disabilities, written by peers, for peers. The project is funded by the Research and Training Center at the University of Illinois in Chicago.

1994 - 1995  
Project Consultant for the Connections Program, a program to help adolescents with emotional and behavioral problems stay in or return
to school after a hospitalization. The project is sponsored by St Vincent's Hospital in Harrison, New York, White Plains High School and New York State. Responsible for program development and support, program evaluation and the development and evaluation of a rehabilitation curriculum for the students.

1993 - 1995
Director of Research and Training, Vinfen Corporation, Boston, MA. Responsible for supervising the development and implementation of all training for 1,000 employees who provide residential services to mental health and mental retardation clients in Massachusetts. Responsible for developing and supervising all research activities with federal agencies and local universities. Responsible for developing and supervising all activities of the Vinfen Research and Training Institute which provides leadership in training and knowledge development for human services personnel in the Northeast region.

1993 - 1994
Contractor with the Department of Health and Human Services Administration, Division of Demonstration Programs, Center for Mental Health Services, Washington, DC, to develop a policy paper on "The transition process for adolescents with serious emotional disturbance and young adults with mental illness." The purpose of the paper was to provide demographics on the population, information on their service needs and the current state of transitional services, and to recommend federal, state and local policies and research opportunities that would result in the development of appropriate programs.

1989 - 1993
Director, Supported Education Dissemination, Center for Psychiatric Rehabilitation, Boston University, Boston, MA. Responsible for the dissemination of educational interventions to mental health agencies and educational institutions throughout the United States. Provide consultation to universities or mental health agencies that wish to replicate existing model programs or develop new programs for serving students with psychiatric disabilities, and develop research methodologies to document outcome. Director of research projects to explore the transition process for students with serious emotional/behavioral disorders from school to work or post-secondary education and to develop model programs to meet their identified needs.

1990 - 1994
Adjunct Professor in the Department of Rehabilitation Counseling, Boston University, Sargent College of Allied Health Professions. Taught graduate courses in psychiatric rehabilitation and rehabilitation program development.

1985 - 1988
Clinical Associate in the Department of Rehabilitation Counseling, Boston University, Sargent College of Allied Health Professions. Provided field supervision to graduate students in rehabilitation and social work.

1983 - 1988
Branch Director, Educational Services, Center for Psychiatric Rehabilitation, Boston University, Boston, MA. Responsible for development and implementation of: 1) The Continuing Education Program, a research/demonstration project on the BU campus to
demonstrate the effectiveness of an innovative rehabilitation program for teaching severely psychiatrically disabled young adults those skills that will prepare them to live and work more independently in the community. This program has been featured on Nightline with Ted Koppel and in the Boston Sunday Globe among other newspapers. 2) The Supported Learning Program, a project to develop and implement a support program through Disabled Student Services Offices on two college campuses for matriculated students with psychiatric disabilities. 3) The Fitness/Nutrition Program, a pilot project for students enrolled in the Continuing Education Program to explore the relationship between cardiovascular fitness and good nutrition, and the severity of mental illness symptoms, body image and self esteem.

1981 - 1986

Senior Training Associate, Center for Rehabilitation Research and Training in Mental Health at Boston University, Boston, MA. Responsible for training practitioners and administrators in the skills of psychiatric rehabilitation, providing project management, technical assistance, program development and evaluation to mental health programs, agencies, state hospitals, and state departments of mental health. Participated in the development of psychiatric rehabilitation training materials.

Sample of Projects:

Project Director for Greystone Park Psychiatric Hospital, Morris Plains, New Jersey to implement the Psychiatric Rehabilitation approach in the Greystone Park Psychiatric Hospital.

Project Director for Bangor Mental Health Institute, Bangor, Maine to implement the psychiatric rehabilitation approach at Bangor Mental Health Institute.

Project Director for Maine Department of Mental Health and Mental Retardation to plan for and implement state wide coordinated programs to install the psychiatric rehabilitation approach in selected agencies and hospitals throughout the state.

Project Director Illinois Department of Mental Health, Region 1 to provide training and consultation in the skills of psychiatric rehabilitation to practitioners and administrators in community mental health agencies.

1978 - 1981

Director of Special Needs High School for Adolescents, Westwood, MA. Responsible for program development and administration of a fee-for-service special needs high school to provide adolescents who have emotional, behavioral, and learning problems the skills they need to transition back into their high school and community.

1977 - 1978

Director of Social Services for Brookside Family Life Services, Jamaica Plain, MA. Directed the social service unit of a comprehensive community mental health center in a low socio-economic, racially mixed neighborhood.

1976 - 1977

Director of the Truancy Prevention Project for Sunnyside School
District, Tucson, Arizona, a federally funded research and demonstration project to reduce truancy in a racially mixed, low socioeconomic district. Developed and implemented a training program to improve teacher skills in teaching and classroom management, and to improve students' ability to participate more successfully in the school environment.

1975 - 1976  
Instructor, Psychology. Pima Community College, Tucson, AZ.

1974 - 1976  
Therapist and social worker, responsible for diagnosis and treatment interventions for persons with personal, family, marriage, social, vocational and educational problems. Catholic Social Services, Eastside Counseling Center, Tucson, AZ.

1970 - 1973  
Instructor, English Composition and Literature, Sociology. Allan Hancock Community College, Santa Maria, CA.

1965 - 1969  
Teacher, English. Santa Maria High School, Santa Maria, CA.

Publications:


Unger, K. (1994). The transition process for adolescents with serious emotional disturbance and young adults with mental illness. A policy paper developed for the Center for Mental Health Services, Health and Human Services, Washington DC.


Unger, K., Anthony, W., Sciarappa, K., & Rogers, E. S. (1991). Development and evaluation of a supported education program for young adults with long-term...
mental illness. *Hospital and Community Psychiatry, 42* (8), 838-842.


### Funded Grant Applications

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<tr>
<th>Year</th>
<th>Description</th>
<th>Amount</th>
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<tr>
<td>1984 - 1989</td>
<td>&quot;A University-based continuing education program for young adults with psychiatric disabilities,&quot; National Institute of Mental Health and the National Institute for Disability Research and Rehabilitation, Research and Training Center Grant, Boston University.</td>
<td>$750,000</td>
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<td>1989 - 1994</td>
<td>&quot;Development and evaluation of models to use community resources to meet client needs for postsecondary education,&quot; National Institute of Mental Health and the National Institute for Disability Research and Rehabilitation, Research and Training Center Grant, Boston University.</td>
<td>$300,000</td>
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<td>1989 - 1991</td>
<td>&quot;Development and evaluation of a transitional service model for 18 - 22 year olds with severe emotional disturbance,&quot; National Institute of Mental Health and the National Institute for Disability Research and Rehabilitation, Research and Training Center Grant, Boston University with the University of South Florida.</td>
<td>$34,000</td>
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<tr>
<td>1989 - 1991</td>
<td>&quot;A study of 18 - 22 year olds who are completing special education programs,&quot; National Institute of Mental Health and the National Institute for Disability Research and Rehabilitation, Research and Training Center Grant, Boston University with the University of South Florida.</td>
<td>$40,000</td>
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Presentations:


Workshop Leader for a series of workshops for Portland Community College. Title of workshop: Working with students with psychiatric disabilities. Portland, OR, October 7, 8, 15, 17, 1996.

Invited speaker at the National Symposium on Accommodating Adults with Special Learning Needs in Adult Education: Title of Paper: From discrimination to acceptance: Providing services to people with psychiatric disabilities in adult education. New Orleans, LA, September 26, 1996.

Invited speaker at the National Association for Adults with Special Learning Needs. Title of presentation: Accommodations for adults with psychiatric disabilities. New Orleans, LA, September 27, 1996.

Invited speaker at the Regional Mental Health Conference. Title of presentation: Providing services to adolescents with emotional and behavior problems. Yakima WA, June 6, 1996.

Presenter at International Association of Psychosocial Rehabilitation Services conference. Title of presentation: Connections; A partnership program for adolescents. Detroit: MI, June 19, 1996.

Pre-conference Institute for the International Association of Psychosocial Rehabilitation Services. Institute title: Longitudinal analysis of the outcomes of supported education. Detroit: MI, June 18, 1996.

Invited speaker at the Fifth Annual Indiana Institute on Supported Employment. Title of Presentation: Getting the Kids to Work. Indianapolis, IN (December 11, 1995).

Invited Speaker at the Therapeutic Education Association, American Psychiatric Association, Title of Presentation: Supported Education, Current Trends, Boston, MA (October 5, 1995).

Seminar Leader at International Association of Psychosocial Rehabilitation Services conference. Title of presentation: Supported Education for Young Adults with Mental Illness. Albuquerque, NM (May 10 - 12, 1994).

Presenter at International Association of Psychosocial Rehabilitation Services conference. Title of presentation: Transition From School to Work for Youths with Severe Emotional Disorders: An Update. New Orleans, LA (July 30, 1993).

Pre-conference Institute for the International Association of Psychosocial Rehabilitation Services. Title of presentation: Client to Student: Fulfilling the Promise Through Supported Education. New Orleans, LA (July 26, 1993).

Presenter at the Association on Higher Education and Disability. Title of presentation: Providing Services to Students with Psychiatric Disabilities. Baltimore, MD (July 22, 1993).

Plenary address for the 1993 Conference- Rehabilitation of Children, Youth and Adults with Psychiatric Disabilities. Title of address: The 3 R's of Supported Education: Rehabilitation, Reintegration, Recovery. Tampa, FL (January 29, 1993).

Presenter at the 1993 Conference- Rehabilitation of Children, Youth and Adults with Psychiatric Disabilities. Title of presentation: Transition to Adulthood Among Youth with Emotional Disorders; Facilitators and Barriers. Tampa, FL (January 28, 1993).

Pre-conference Institute for the 1993 Conference- Rehabilitation of Children, Youth and Adults with Psychiatric Disabilities. Title of Institute: Reclaiming Rightful Roles in the Community; Supported Education, Work and Housing. Tampa, FL (January 27, 1993).


Presenter at the Association on Handicapped Student Service Programs in Post Secondary Education. Title of Presentation: College Students with Psychiatric and Learning Disabilities. Long Beach, CA (July 25, 1992).

Pre-conference workshop at the Association on Handicapped Student Service Programs in Post secondary Education. Titles of Pre-conference Workshop: Providing Services to Students with Psychiatric Disabilities: Clarifying Roles and Responsibilities. Long Beach, CA (July 22, 1992).

Presenter at the Association on Handicapped Student Service Programs in Post Secondary Education. Title of Presentation: The Disruptive Student with Psychiatric Disabilities: Questions and Answers. Long Beach, CA (July 22, 1992).


Presenter at the International Association of Psychosocial Rehabilitation Services. Title of presentation: The Role of Mental Health and Rehabilitation Services. Oakland, CA (May 7, 1992).


Presenter at the Fifth Annual Research Conference for the Research and Training Center for Children and Youth. Title of presentation: Perilous Passages: The Transition of
Youths and Young Adults with Emotional/Behavior Disorders into Employment, Education, and Independent Living. Tampa, FL (March 4, 1992).


Presenter at International Association of Psychosocial Rehabilitation Services. Title of presentation: Moving from Adolescence to Adulthood: Facilitators and Barriers. Baltimore, MD (June 27, 1991).

Presenter at International Association of Psychosocial Rehabilitation Services. Title of presentation: Perilous Passages: The Transition from Children's Services to Adult Services. Baltimore, MD (June 26, 1991).


Leader for Round Table Discussion at the National Conference of the Association on Handicapped Student Services Programs in Post-Secondary Education. Title of discussion: New Note in Student Diversity: Round Table on Services for Psychiatically Disabled Students. Nashville, TN (August 3, 1990).


Presenter for the National Conference, National Alliance for the Mentally Ill. Title of presentation: Supported Education for Consumers. Chicago, IL (July 18, 1990).

Workshop for Florida Mental Health Institute, University of South Florida. Title of presentation: Supported Education for Young Adults with Psychiatric Disabilities. Tampa, FL (June 14, 1990).


Pre-conference Institute at the International Association of Psychosocial Rehabilitation Services. Title of institute: Supported Education: Expanding the Options. St. Louis, MO (May 29, 1990).


Workshop leader for the Chancellor's Office, California Community Colleges. Title of workshop: Providing Supported Education to Students with Psychological


Invited speaker at Grand Rounds, Four Winds-Saratoga. Title of presentation: Psychiatric Rehabilitation with Young Adults in an Educational Setting. Saratoga, NY 12866 (March 2, 1990).

Invited speaker at York University. Title of presentation: Supported Education. North York, Ontario, Canada (November 29, 1989).

Invited speaker at Community Support Programs Annual conference. Title of presentation: Supported Education. East Lansing, MI (October 26, 1989).

Invited speaker at Connecticut Rehabilitation Association Annual Fall Conference. Title of presentation: Developing Community Supports. Waterbury, CT (September 21, 1989).

Presenter at the National Conference of the Association on Handicapped Student Service Programs in Post-Secondary Education. Title of presentation: Meeting the Challenge, Students with Psychiatric Disabilities. Seattle, WA (August 11, 1989).

Invited speaker at the International Association of Psychosocial Rehabilitation Services. Title of presentation: The University as a Treatment Environment, Problems and Possibilities. Miami, FL (July 16, 1989).


Keynote speaker at Annual Dinner for the Warren-Washington County Association for Mental Health. Topic of presentation: Providing Innovative Services to Young Adults in the Community. Glen Falls, NY (January 26, 1989).


Presenter at the National Conference on Psychiatric Rehabilitation. Topic of presentation:
Incorporating Psychiatric Rehabilitation into Your Day Treatment Program.
Boston, MA (November 16, 1988).


Invited speaker at the Congresso Internacional de Saude Mental Comunitaria. Topic of presentation: Reabilitacao Psiquiatrica, Principios Filosoficos e Investigacao. Lisbon, Portugal (November 6, 1988).

Invited speaker at the Congresso Internacional de Saude Mental Comunitaria. Topic of presentation: Planificacao e Avaliacao de Projectos de Investigacao: Acesso na Area


Invited speaker at the State Conference for Families and Advocates for the Mentally Ill of Newport County. Topic of presentation: Rehabilitation Through Education: The Continuing Education Program at Boston University. Newport, RI (July 29, 1988).


Invited speaker at the International Association of Psychosocial Rehabilitation Services Pre-Conference Seminar. Topic of presentation: The Principles and Methods of Psychosocial Rehabilitation: An In Depth Review and Analysis of Five Major Approaches. Philadelphia, PA (June 28-29, 1988).


Presenter at National Conference on Psychiatric Rehabilitation. Topic of presentation: A
University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Boston, MA (November 13, 1987).


Invited speaker at Association on Handicapped Student Service Programs in Post-Secondary Education. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Washington, D.C. (July 22, 1987).


Invited speaker at The Northwest Pennsylvania Regional Conference. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Erie, PA (April 25, 1987).

Invited speaker at AMI. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Pontiac, MI (April 23, 1987).

Presenter at IAPSR New England Regional Conference. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Plymouth, MA (March 20, 1987).

Invited speaker at Advisory Board Meeting, Center for Psychiatric Rehabilitation. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Boston, MA (December 8, 1986).

Invited speaker at AMI New Hampshire State Conference. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Concord, NH (October 4, 1986).

Presenter at National Conference on Psychiatric Rehabilitation. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Cape Cod, MA (September 6, 1986).

Invited speaker at NAMI National Convention. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Boston, MA (July 4, 1986).

Presenter at Ortho. Title of presentation: A University-Based Rehabilitation Program for Young Adults with Psychiatric Disabilities. Chicago, IL (April 10, 1986).

Presenter at IAPSR. Title of presentation: A University-Based Rehabilitation Center for Severely Disabled Young Adults. Boston, MA (June, 1985).


(1994 - present).

Association on Higher Education and Disability, (1987 to present).

International Association of Psychosocial Rehabilitation Services, (1985 - present).


Advisory Board Consultant (1984-1989), collaboration (1990-1993), Research and Training Center for Improving Services for Seriously Emotionally Disturbed Children, Florida Mental Health Institutes, University of South Florida.


